

# Newsletter No 3, 2025



We acknowledge the Jarra people of Dja Dja Wurrung country, the traditional owners on the land we live on, and pay our respects to their Elders, past, present & emerging.



## Thursday 13<sup>th</sup> February 2025

**Purpose** of Camp Hill Primary School is to develop and nurture lifelong learners within an engaging, global learning community, where the uniqueness and contributions of individuals are valued, shared and celebrated.

Following are the **core values** in which we strongly believe; they underpin our purpose and are the guiding principles of our school.

**Caring:** Being kind, helpful and sympathetic toward other people.

**Honesty:** To always tell the truth.

**Confidence:** Believing in yourself and others.

**Respect:** Recognising the rights, feelings, wishes and individual differences of others through our speech and manners.

**Trust:** Safely express opinions, beliefs, thoughts, and feelings in a secure environment.

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Phone: 5443 3367

Email Address: [camp.hill.ps@education.vic.gov.au](mailto:camp.hill.ps@education.vic.gov.au)  
Web Address: [www.camphillps.vic.edu.au](http://www.camphillps.vic.edu.au)

## Calendar 2025

<b>Monday</b>	17 <sup>th</sup> February	Scholastic Book Club orders due School Council nomination forms close 4pm
<b>Tuesday</b>	18 <sup>th</sup> February	School Council Meeting 5:30pm in the staff room.
<b>Thursday</b>	6 <sup>th</sup> March	Whole school photo day
<b>Monday</b>	10 <sup>th</sup> March	<b>PUBLIC HOLIDAY – LABOUR DAY</b>
<b>Tuesday</b>	18 <sup>th</sup> March	School Council AGM followed by normal school council meeting 5:30pm in the staff room.
<b>Friday</b>	28 <sup>th</sup> March	School Clean Up Australia Day 2:30pm – 3pm
<b>Monday</b>	31 <sup>st</sup> March	CHPS Athletics Day – Gr 3-6
<b>Friday</b>	4 <sup>th</sup> April	<b>LAST DAY TERM 1 – Early Dismissal 2:30pm</b>
<b>Tuesday</b>	22 <sup>nd</sup> April	Term 2 commences

## PRINCIPAL'S REPORT

### School Council Nominations

This is a reminder School Council Nominations close on Monday at 4.00pm. If you have any questions, please feel free to contact me. Nomination forms can be collected from the office.

### School Assembly

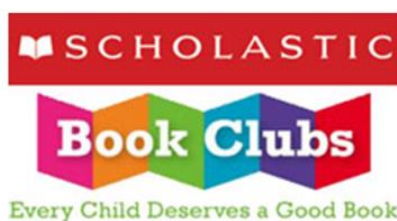
Hopefully this week the weather will be kinder to us and we will have a school assembly. In the event that the temperature does exceed 35 degrees, parents will be sent a Sentral notification, advising the assembly has been cancelled. The assembly this week will be shorter as we don't have school captains or student led groups to present, so the assembly will commence at 3.15pm with students being dismissed at the end of the assembly. Parents and care givers are more than welcome to attend.

### Dad Joke of the Week

I went to the aquarium this weekend, but I didn't stay long. There's something fishy about that place.

*Chris Barker*  
Principal

## LIBRARY



**BOOK  
ORDER  
DUE:**

**17 / 2 / 25**

**PLEASE ORDER & PAY VIA THE LOOP**

## ASSISTANT PRINCIPAL

Be an Attendance HERO...  
HERE EVERYDAY READY FOR LEARNING ON TIME  
Student absence data for TERM 1



### WEEK 3

#### Early Bird Awards

The early bird award goes to the grade each week who has no late arrivals to school. That means all students arrive by 9am ready for learning. Early Bird grades this week are **Foundation A** and **Grade 5/6D**. Well done to these two grades. 😊

#### 100% attendance for the week

A student is selected weekly to recognise their attendance at school every day for the week. We regularly have over half the students achieving 100% attendance each week. This week 191 students had 100% attendance for the week. Our Attendance Hero this week is **River** from **Grade 1/2B**. Super effort River – well done!

<b>Total yearly number of student absence days Term 1</b>	132 days
<b>Current school year absence rate Term 1</b>	0.5 days per student
<b>School absence rate target for 2025</b>	10.00 days per student (2.5 days per term)
<b>Number of times students arriving late to school this week</b>	28

*Irish Johnstone*  
*Assistant Principal*

## WELLBEING MATTERS

### Back to School 😊

Term 1 has got off to a flying start and I'm sure many families and managing back to school routines and responsibilities. Here are some ways to support your child:

#### Check in on Feelings

When children (and adults) tune in to their emotions they tap into information that assists them with decision-making, learning and their wellbeing. It's relatively easy to tune into behaviour and our thoughts, but much harder to detect our emotions. The skill of emotionally checking in helps children to identify how they are feeling at any given time. One way to do this is for kids to stand or sit still, close their eyes, take some deep breaths, and identify and give a name to their feeling. This habit of checking, once practised and learned, is a wonderful life skill to acquire and develops their social/emotional capabilities. More information on tuning into our own, or our kid's emotions can be found at [www.gottman.com](http://www.gottman.com) (Emotion Coaching).

#### Practise Deep Breathing

Research shows that deep breathing instantly engages our capacity to relax and stay calm. When a child becomes anxious or fearful their breathing becomes shallow. Taking deep, slow breaths when they become overwhelmed by worries or fear is the quickest way to return to a state of calm. The easiest breathing exercise to practise with your child is the 4-4 method: count to four on the in-breath, and 4 on the out-breath. Other exercises can be blowing bubbles slowly, blowing up a balloon, or using an app like Smiling Mind or Calm.

#### Keep Routine

Routine behaviours such as waking at the same time, having breakfast and getting dressed gets us ready for the day ahead. They underpin productivity, learning and wellbeing. Remove or drastically change these routines and many children (and adults) struggle, particularly those who are prone to anxiety and depression. While it has been difficult at times to maintain our "normal" routine, it is important to establish some sort of routine that works for your child and family at the moment. Routines can be adapted, and this also helps children build resilience (their ability to cope with change). One important routine is our sleep routine. The benefits of good sleep routines are enormous and impact children's learning, memory and emotional stability. Sleep restores the brain to optimum condition and rejuvenates the body, allowing hormone levels to stabilise. Sleep-deprived children experience greater anxiety doing routine tasks and have a propensity for pessimistic thinking, which is associated with anxiety and depression. It is not just how long we sleep for, but the quality of our sleep that determines if we are functioning well.

## FROM THE OFFICE

### 2025 VCC

Please see below the list of all Voluntary Curriculum Contributions – payments can be made on the QKR app. Please note – these items can be paid separately each week, fortnightly, monthly or each term if you wish. Thank you for supporting our school.

Curriculum Contributions - items and activities that students use, or participate in, to access the Curriculum	Amount
<b><i>FOUNDATION to GRADE 6:</i></b>	
<i>Booklist – classroom educational items Edplus</i>	<i>See booklist</i>
<i>Art - classroom consumables, materials &amp; equipment</i>	<i>\$18.00</i>
<i>Mathematics - classroom consumables, materials &amp; equipment</i>	<i>\$23.00</i>
<i>English - Reading texts</i>	<i>\$23.00</i>
<i>Inquiry (including Science &amp; Sustainability) – project consumables, materials &amp; equipment</i>	<i>\$39.00</i>
<i>ICT Devices - provision of devices from the shared classroom sets and online digital subscriptions</i>	<i>\$55.00</i>
<i>Essential Assessments – Online subscription: Numeracy &amp; Literacy online program</i>	<i>\$17.00</i>
<i>Physical Education - materials &amp; equipment</i>	<i>\$17.00</i>
<b>TOTAL</b>	<b><u>\$192.00</u></b>

Other Contributions – for Non-curriculum items and activities	Amount
<i>Dogs Connect – Student wellbeing program</i>	<i>\$13.00</i>

Extra-Curricular Items and Activities:	Amount
<i>Camp Hill Primary School offers a range of items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides in order to deliver the Curriculum. These are provided on a user-pays basis.</i>	
<i>Foundation to Grade 6 – Major Excursions, Camps, Jets Gym, Athletics, Cross Country etc. (dates to be scheduled)</i>	<i>\$ TBC</i>

Tax deductible contributions:	Amount
<i>Building Fund: A tax-deductible contribution to support renovations, upgrades and maintenance of school infrastructure.</i>	<i>\$ (enter contribution amount)</i>

*Sue Heider*  
*Business Manager*

## OSHC

### Leadership Group

Congratulations to our student leadership selections.

GOLD: Mitchell, Amy, Isla R, Millie, Zsa Zsa, Tilly, Hailey and Aliyah.

SILVER: Mila, Max E, Caleb, Lorelei.

BRONZE: Charlie P and Nick.

The leaders have a variety of different leadership roles that they will partake in during OSHC.

### Accounts

Just a reminder Friday 21<sup>st</sup> February is the due date for account payment for the first fortnight charges.

*Jamie, Simon & the OSHC Team*

## MUSIC LESSONS

### Interested in your child taking piano or guitar lessons?

#### Piano

Contact Kathleen Gee for piano lessons on 0417 326 530 who will be working at the school on Tuesdays & Wednesdays. Kathleen will be commencing on Tuesday 11<sup>th</sup> February.

#### Guitar

Mr Shannon Millard will be teaching guitar lessons and can be contacted for more details.

[Shannon.millard@mhs.vic.edu.au](mailto:Shannon.millard@mhs.vic.edu.au) or ph: 0437 252 136. Individual guitar lessons for grades 2-6 as well as special group classes for grade 1 students emphasising on movement and singing in a fun social environment, learning pre-staff-notations guitar skills. Instruments will be provided, ideally this group will have 6 members



## BREAKFAST CLUB



## FOUNDATION LEARNING TEAM

#### Phonics

This week, Foundation students have been learning about the letter **s,a,t and p** and the sounds that each letter makes. We have been practising writing these letters using the correct formation. Please encourage conversations at home around what sounds these letters make and have them spot them when you are at home or walking around town.

#### Parent/Carer Shout Out!

A big thank you to our wonderful Foundation families for your support with our morning routines. Your encouragement in fostering independence by allowing your child to organise their belongings and keeping goodbyes brief has made a big difference. We truly appreciate everything you are doing to help your child settle into school life smoothly.

#### Classroom Windows

We understand that parents and carers are eager to see what their child is doing in the classroom at the end of the day. However, we kindly ask that you observe from a distance through the windows. As the children are still settling into school routines, seeing a familiar face can be distracting and make it harder for them to stay focused on their tasks.

#### Circus Fun!

Last week the Foundation students got to spend Friday afternoon having a play with some of the Circus equipment. Thanks to Mrs B for letting us have some circus fun!

*Foundation Learning Team*

## 1/2 LEARNING TEAM

#### At A Glance

Reading: We are learning to build our independence as readers.

Writing: We are learning to use the 6+1 Writing Trait of 'Ideas' to help us become strong writers.

Maths: We are learning to represent two digit and three digit numbers using numerals and MAB.

Inquiry: We are learning how to be healthy, safe and active. Specifically looking at social and emotional health this week.

#### Learning Time

The doors open at 8:45am, it is important that students are here on time, so they don't miss optimal learning time.

#### Reading Journals

Please encourage your child to read their fluency passage at home each night and record this in their yellow home reading journal.

*1/2 Learning Team*

## 3/4 LEARNING TEAM

### Jets Gym

We have been having a fantastic time at Jets Gym so far. We are two sessions in with two remaining. The kids have been loving the activities, demonstrating our school values consistently. Well done 3/4s!

### Immersion Morning

This Wednesday between recess and lunchtime Grade 3/4 students will be involved in some Inquiry activities based around health and fitness. These activities will focus on mental, physical health and fitness.

### Home Reading

It is an important part of Literacy learning that students develop regular home reading routines. This can be as simple as reading aloud for 10 minutes during the school week. Grade 3/4 students have readers that need to be read and changed regularly. If you have any questions about this, please see your child's teacher for more information.

*3/4 Learning Team*

## 5/6 LEARNING TEAM

### Headphones For NAPLAN

Could parents and carers of Grade 5 students ensure they have a working pair of headphones at school for NAPLAN (Week 7).

### Mini Whiteboards

Please check with your student that they have a mini whiteboard in their tubs at school. These are a booklist essential item and are used daily in the classroom. While there is no need to purchase a new one every year, they can become damaged and need to be replaced.

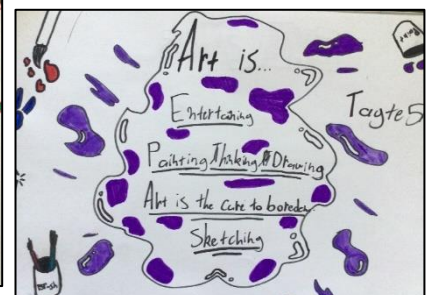
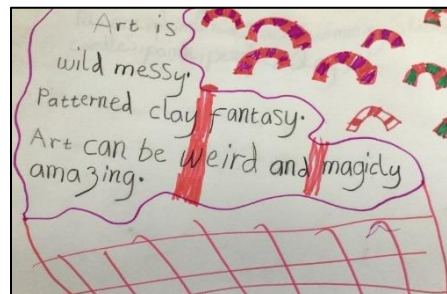
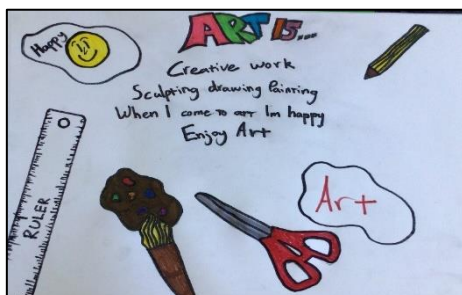
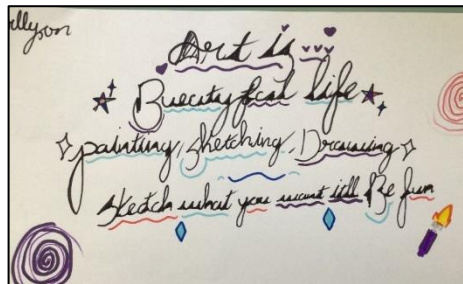
### Homework Expectations

Homework sheets are sent home on a Friday, to be completed by Friday of the next week. Students will bring list words home for Look, Say, Cover, Write, Check. This week's words are derived from the Greek base 'port' meaning 'to carry'. The expectation for reading is 20 minutes, at least 4 times per week. Homework should not be new learning for students, but consolidate what is being taught at school. As students approach high school, developing strong, regular and frequent study habits becomes essential. Homework plays a key role in helping students build the skills they will need for future success.

*5/6 Learning Team*

## VISUAL ARTS

Students in Grades 3-6 have been working on a Cinquain as a response to what they think Art is. They were also asked to illustrate it creatively. Here are some fabulous ones by Allyson (5/6D), Lachlan, Caprice, Lena and Tayte (5/6A) and Evie (3/4C).



*Sandy McLennan*  
Visual Arts

## LOTE

### Foundation

Students have gradually settled into Chinese class, with most demonstrating excellent listening skills. They learned about the Chinese zodiac animals and discovered how these 12 animals were chosen to represent each year in the Chinese calendar, as well as why the cat was not included.

### Grade One and Two

Students learned and reviewed the names of the first six zodiac animals in Chinese using gestures. They then decorated their own unique snake to welcome the Year of the Snake in 2025.

### Grade Three and Four

Students explored traditional Chinese New Year decorations and the cultural significance of giving red envelopes to children in China. They designed their own red envelopes and planned how they would use lucky money if they received any, providing reasons to justify their choices.

### Grade Five and Six

Students explored the meanings behind key Chinese New Year lucky symbols and expressed their understanding through hands-on celebration activities. They designed red envelopes, created 福 (good fortune) displays, and made lanterns in preparation for the Lantern Festival on Wednesday.



*Yimin Chen*  
LOTE

## GREEN TEAM



Parents and school community members are invited to join students at Camp Hill for a school ground clean up day, which we have registered as part of Clean Up Australia. The actual date for this is Sunday 2<sup>nd</sup> March but the school one is Friday 28<sup>th</sup> March. All grades will clean up areas in the playground and Rosalind Park shared playground.

**This will start at 2.30pm and finish at 3pm. on Friday.**

*Sandy McLennan*  
Green Team Coordinator

## FRESH FRUIT FRIDAY

**The free fresh fruit students receive on a Friday is proudly donated to the school by the following sponsor:**

mckern steel<sup>™</sup>  
foundation

Benefitting the health  
and wellbeing of our  
Bendigo school children

Proudly funded by:



@mckernsteel foundation



## PERFORMING ARTS

### Foundation

Students have settled into our classroom routines in Performing Arts. They enjoyed another great music lesson this week. Students focused on the beat and rhythm in songs, using untuned percussion instruments. The rhythm pattern they learnt and will build on over the coming weeks is ti ti taa. The students enjoyed singing songs and playing the rhythm on their instruments.

### Grade 1 and 2

Students explored song structure with the focus on verse and chorus. They learnt a simple song that demonstrated the structure. Students then learnt a dance with different movements to match the different structures. It was tricky but with persistence everyone did a great job!

### Grade 3 and 4

Students focused on form in music this week and what it is. (how the various parts of a song are organised). They learnt and performed a song that highlighted this, performing as a whole class then with a partner adding their own moves. The students then learnt and performed a dance.

### Grade 5 and 6

Students learnt about different genres of music through the 20<sup>th</sup> Century and how it has influenced music today. They listened to a variety of music that matched the genres. Students discussed various artists and related some of them to music their parents listen to.

*Penny Peters*

*Performing Arts*

## STUDENTS OF THE WEEK

### RESPECT

**Jackson R:** For being respectful to your peers in the classroom. Thank you for always using your best manners and showing whole body listening throughout learning time.

**Aaliyah T:** For showing respect to teachers and classmates, well done!

### CONFIDENCE

**Sailor H:** Well done for working on your confidence every day. You have become so brave adapting to your new school routine. Keep up the great work!

**Leo T:** For trying so hard in your writing and showing a growth mindset. Keep it up Leo!

**Alfie S:** For making a great start to Grade Three. Keep up the good work Alfie!

**Indie L:** For coming up with amazing writing ideas and using writing time productively. Well done Indie, what a great start to Grade 4!

**Rhiley T:** Well done on a great start to Grade Four. We're proud of your efforts Rhiley!

**Kavinu J:** For settling into Camp Hill with great confidence and even reading aloud in class. Well done Kavinu!

**Mitchell C:** For settling into our classroom with confidence. You have come in each day with a positive attitude and growth mindset. Keep up the great work Mitchell.

**Chenuli J:** For a confident start in her new school and new country!

**Reasey R:** For a confident start in his new school and new country!

**Heather M:** For having the confidence to participate in all class discussions.

### CARING

**Ella L:** For being kind and helpful to all of her new classmates. We are very lucky to have you as our new friend! Keep up the great work, Miss Callaway and Foundation A are very proud of you!

**Max H:** For encouraging his classmates and using positive language when discussing a classmate's work. Well done Max!

## FOR YOUR INFORMATION

### ICONIC DRAGON MILE

Pall Mall at Gold monument 10am start

Scan the QR code for more information on pricing, age groups, registration & live results.

<https://my.raceresult.com/315850>



### HUNTLY FAMILY FUN DAY

At Strauch Recreation Reserve, 14 Gungurru Rd, Huntly on Sunday 23<sup>rd</sup> February from 10am – 1pm.

Loads of fun, free activities and live entertainment for children & families to enjoy. BBS & drinks at \$2 each. Free fresh fruit, Coliban water refill unit (byo drink bottle).

Proudly sponsored by Agnico Eagle Fosterville.

## LUNCH ORDER

### SUSHI LUNCH ORDER FOR FRIDAY 21<sup>st</sup> FEBRUARY

ORDER VIA OUR QKR APP!!!!

by 9.00am Thursday 20<sup>th</sup> February 2025.

**No late orders accepted.**

**Sushi \$4.00 – Crispy chicken, Teriyaki chicken, Vegetarian, Cooked Tuna**

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna .....

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna .....

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna .....

**Total enclosed \$..... Signed.....**

