

Newsletter No 1, 2024



We acknowledge the Jarra people of Dja Dja Wurrung country, the traditional owners on the land we live on, and pay our respects to their Elders, past, present & emerging.



Thursday 1st February 2024

Purpose of Camp Hill Primary School is to develop and nurture lifelong learners within an engaging, global learning community, where the uniqueness and contributions of individuals are valued, shared and celebrated.

Following are the **core values** in which we strongly believe; they underpin our purpose and are the guiding principles of our school.

Caring: Being kind, helpful and sympathetic toward other people.

Honesty: To always tell the truth.

Confidence: Believing in yourself and others.

Respect: Recognising the rights, feelings, wishes and individual differences of others through our speech and manners.

Trust: Safely express opinions, beliefs, thoughts, and feelings in a secure environment.

Address: Gaol Rd, Bendigo 3552

Phone: 5443 3367

Email Address: camp.hill.ps@education.vic.gov.au

Web Address: www.camphillps.vic.edu.au

Calendar 2024

Friday	2 nd February 2024	1 st Full Day for Foundation students Morning Tea for new families 9am – 9:30am in staff room Breakfast Club from 8:10 - 8:30am – Friday weekly.
Monday	5 th February	School Council nomination forms available from the office.
Monday	12 th February	CHPS Council Nomination forms close at 4pm
Tuesday	13 th February	Grade 6 Captain speeches at 11:30am
Tuesday	20 th February	School Council meeting 5:30pm
Thursday	7 th March	Whole School Photo Day
Monday	11 th March	PUBLIC HOLIDAY – LABOUR DAY
Tuesday	19 th March	AGM & School Council meeting 5:30pm
Thursday	28 th March	LAST DAY TERM 1 – Early Dismissal 2:30pm
Friday	29 th March	PUBLIC HOLIDAY – Good Friday
Monday	15 th April	Term 2 commences

PRINCIPAL'S REPORT

Welcome Back

It's a very warm welcome back to our school community, I hope everyone had a very relaxing holiday break. It has been a great start to the year with the majority of parents taking the opportunity to meet with the 2024 staff on Start Up Day. This week we have 41 Foundation students and their families joining our school for the first time. I would like to extend a warm welcome to those students and families.

Welcome Morning Tea

All new families from Foundation and other grades are welcome to attend a Meet & Greet morning tea in the school staff room from 9am – 9:30am. The Parents & Friends Group will be in attendance to discuss how families can support the school for 2024.



Student Mobile Phone/Device Policy

This policy requires that students who choose to bring mobile phones to school must have them switched off and securely stored during school hours, including recess and lunchtime. Parents of students bringing a mobile phone to school must complete the permission form **annually** which must have the endorsement of the Principal. The school's mobile phone policy can be accessed on the school's website, permission forms are available from the office on request.



Protocols for the acceptable use of mobile phones/devices.

Guiding Principles

- The School Council and Staff acknowledge that the use of mobile phones/devices while children are at school, and in situations where they are cared for in the Out of School Hours Care program, is not necessary. In these circumstances both parents and students have access to each other through the normal communication channels at school.
- Parents are able to ring and get messages to children to alter plans or to ensure their safety in cases of family emergency. Children can be called to the phone if it is essential that the parents speak to the child directly. Similarly, children are able to use the school phone to contact parents if required.

- The School Council and Staff of Camp Hill Primary School acknowledge the importance parents place on the safety of their children. The ability for children to be able to contact parents in cases of emergency or danger is essential. Access to mobile phones/devices by children has become a useful tool for families to keep in contact with each other in such circumstances. Guidelines For Action Students are not permitted to bring mobile phones/devices to school.
- If for some extenuating circumstance, a student needs to occasionally bring a mobile phone/device to school, the following will apply:
 - Parents will complete a permission form, informing the Principal that their child will have a mobile phone/device while at school and provide an outline of the reasons for it. Failure to do so will result in confiscation by the teacher/Principal/Assistant Principal and, parents will be notified. Students will have to report to the Office for breach of the School Student Mobile Phone/Device Policy.
 - The school accepts no responsibility for the theft, breakage or loss of mobile phones/devices. Under no circumstances are the mobile phones/devices to be used while at school. Mobile phones/devices must remain at the office at all times. Any emergency contact with parents can be arranged through the class teacher or office.
 - The school accepts no responsibility for the exchange of contact details between students, however use of these details for prank calls, harassment or bullying will be dealt with through normal behaviour management procedures.
 - Students who attend camps or excursions will not be permitted to take phones with them. Teachers carry phones, which can be used in the case of emergency. In a camp situation, contact details will be made available to parents prior to departure.
 - DET does not hold insurance for personal property brought to schools and it will not pay for any loss or damage to such property. Staff and students are therefore discouraged from bringing any unnecessary or particularly valuable items to school.

Annual Privacy Reminder

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy For more information about privacy, see: Schools' Privacy Policy – information for parents. This information is also available in nine community languages.

School Council

The first meeting for 2024 will be on Tuesday 20th February at 5:30pm in the staffroom.

School Council Elections 2024

School Council membership is a great way for parents to become involved in the governance of the school. The Council meet every 3rd Tuesday of the month commencing at 5.30pm. The Annual General Meeting for Camp Hill School Council will be held on Tuesday 19th March at 5:30pm followed by a normal School Council meeting. There are 3 Parent vacancies for a period of 2 years. There are 2 DET vacancies by rotation for a two year term. Any interested parents are urged to nominate for School Council. Retiring in 2024, Election Parent Members: Kelly Edwards. Parent Member: Cass White & Kristen Swann (resigning) DET Members: Jackson Hood (retiring), Christine Spicer & Trish Johnstone.

On behalf of the School Council, I would like to extend thanks to the retiring members who have made valuable contributions to School Council. From Monday 5th February, nomination forms for the 2024 elections will be available from the office. Parents and DET staff have the opportunity to either be nominated or self-nominate. Nominations are to be lodged at school no later than Monday 12th February at 4pm. A ballot (if required) will commence on Monday 19th February and close on Monday 26th February at 4pm. Information packs and nomination forms can be collected from the office. Please do not hesitate to come and have a chat if you have any questions regarding School Council. If you stand for election, you can arrange for someone to nominate you as a candidate or, you can nominate yourself in the parent member category. You can only be nominated by another member of the same category that you are eligible for (e.g. a member of the parent electorate may only nominate another parent of that electorate). Department employees with a child enrolled at a school where they are not engaged in work, are eligible to nominate for parent membership at that school. Return your completed nomination form to the principal within the time stated on the Notice of Election. You will receive a Nomination Form Receipt via post, email or by hand delivery. Generally, if there are more nominations than vacancies a ballot will be conducted in the two weeks after the call for nominations has closed. Consider standing for election to school council.

Smile Squad Six Month Fluoride Varnish Visit

The Bendigo Health Smile Squad team are heading back to our school to complete six-monthly fluoride varnish applications for those students who have provided consent. Fluoride varnish applications help make sure students have the best chance of preventing tooth decay, so we're excited Smile Squad are coming back.

Consent for this fluoride varnish application was provided when students' initial consent forms were returned. However, if anyone has changed their mind and do not wish to receive a fluoride varnish application, they can contact Bendigo Health directly to let them know. Please contact the Smile Squad team via: 0460 729 200

dental@bendigohealth.org.au

The Smile Squad team look forward to visiting soon.



Dad joke of the week

"How does a mathematician plough fields? With a pro-tractor."

Chris Barker
Principal

ASSISTANT PRINCIPAL

Be an Attendance HERO
HERE EVERYDAY READY FOR LEARNING ON TIME



Welcome back to an exciting year ahead.! It was wonderful to see

students stream through the gates on their first day of school with big smiles and lots of catch-up chatter with friends. Our start up interview day was a great opportunity to connect with teachers and I thank all families for the way they embraced our attendance process on the day.

We are committed to our duty of care for students and will continue to work hard to ensure we know where our students are every day. Any of our follow up absence notifications, phone calls, emails & letters have one purpose; to support you in any way we can to have your child at school every day.

Please contact your classroom teacher or me to discuss ways we can support you.

Why 'It's Not OK to Be Late to School'

Latecomers:

- miss out on talking to their class teacher before school.
- miss out on playing with other children before school.
- miss out on organisation time, for example getting their workbooks and pencil case from their tub and setting up their table for the day.
- miss out on roll marking and taking notices to the office – and their notices (eg, special day lunch orders) often stay in their school bag.
- miss out on learning time when they take their notices to the office.
- miss out on hearing what's happening for the day.
- are often unsure about what they have to do in the lesson.
- can arrive at their classroom to find that their class has gone to a specialist lesson, and they may not know where to go
- particularly miss out on reading and writing learning time
- find learning becomes disjointed and difficult.



Trish Johnstone
Assistant Principal

WELLBEING MATTERS

Tips to help your child get to school on time

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school, try:

- Help your child get ready the night e.g. uniform out ready
- Having a set time to go to bed
- Leaving all technology out of your child's bedroom
- Packing your child's school bag the night before with everything you need
- Having a set time for breakfast
- Planning to meet up with a friend so you can meet at school together.



Sometimes, though it can just be hard to go to school and there is always help available.

Useful websites/contacts

Kids Matter - www.kidsmatter.edu.au

Youth Beyond Blue -
www.youthbeyondblue.com.au

Headspace - www.headspace.org.au
or e-headspace

www.eheadspace.org.au/ for online
counselling & support

Reach Out – www.reachout.com

Kids helpline - 1800 55 1800 24 hours
a day, 7 days a week or [web counselling](http://www.webcounselling.com.au)

KidsHelpline
1800 55 1800
Click to start a live WebChat
FOR KIDS (5-12) FOR TEENS (13-25)
Free, confidential counselling and support.
24 hours a day, seven days a week,
for ages 5-25. FREECALL 1800 55 1800.

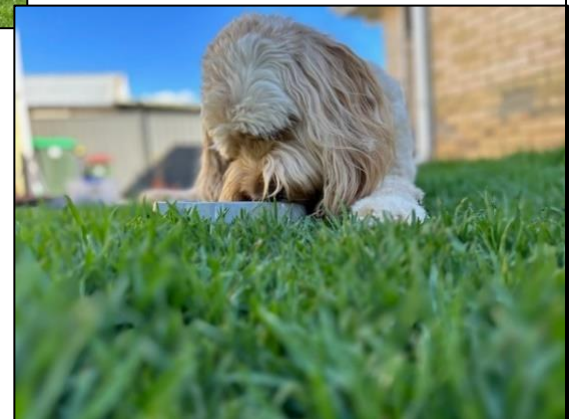
DOGS CONNECT

Polly is sponsored by Fur Life Vet.

Fur Life Vet have two clinics located in Bendigo:
167 Eaglehawk Road, Bendigo and 70-80 Midland Highway Epsom.
Please support this local business for your pet care needs.
www.furlifevet.com.au



Polly has had a fabulous break over summer and is looking forward to seeing everyone back at school and meeting our new students. She spent lots of time going for walks and runs and playing chasey in the backyard which then led to her having lots of well-deserved naps and rest. She went to Fur Life Vet, Epsom for her vaccination which she handled beautifully, the vet even commented on how well trained she was when she sat to get her treats. She has some new dental chews to keep her teeth nice and healthy too. Polly had a bit of a city getaway when she holidayed in Melbourne with Mark. She was relaxed on the long car ride there and was amazed with all the new noises and smells. It was an exciting new adventure for her. She will be returning to school early in term 1 when students and staff are settled in. She is really excited to see everyone again.



MUSIC LESSONS

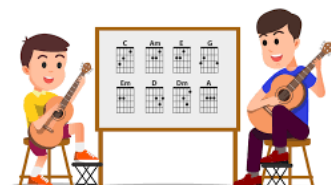
If your child is interested in learning the piano or guitar, please contact Kathleen or Shannon asap.

Piano

Contact Kathleen Gee for piano lessons on 5432 2266. Kath will be working Tuesdays & Wednesdays at school.

Guitar

Shannon Millard will be teaching guitar lessons on Thursdays and can be contacted via email for more details. shannon.millard@mhs.vic.edu.au
or ph: 0437 252 136



BREAKFAST CLUB

Breakfast Club will commence tomorrow, Friday 2nd February.



FOUNDATION LEARNING TEAM

Welcome

Welcome Foundation families for 2024. We are so excited to finally have everyone in to start school on Friday!

Hats

Hats will stay at school each day so we don't forget to bring them. Please make sure they are clearly named.

Timetable

A timetable with your child's specialists' days will be coming home soon.

Readers

Readers will be coming home with information very soon.

Start Up Interviews

Thank you to everyone who has been in for our start up interview and assessment session. These are compulsory so please see your student's teacher if you have missed yours.

Brain Food

A small fruit or vegetable snack to be eaten while we sometimes keep working so it needs to not be too messy, please.

Foundation Learning Team



1/2 LEARNING TEAM

Welcome

Welcome back to our existing families and welcome to our new families of grade 1 and 2. We are looking forward to a great year!

Reminders

Please remember to bring the following items to school: hat, reader bag and art smock.

Headphones

In Grades one and two we will be learning to use educational programs on the computer that require sound. If your child has headphones at home that they could bring to school, please send them along clearly named.

Fruit Snack

Every morning at 10am students have a chance to have some 'brain food'. Please send a healthy snack in your child's lunchbox that they can eat at this time. This may include fruit or vegetables.

Reading At Home

Students will begin to bring readers home on Monday. We encourage all students to read at home, a minimum of 5 days a week. Thank you for your support with this.

1/2 Learning Team

3/4 LEARNING TEAM

Welcome Back

Welcome back to grade 3/4 students, we hope you had a great first day.

Hats and Drink Bottles

The weather is very hot so remember to bring your hats and drink bottles.

Stationery

Make sure you have got all your supplies at school, so you are ready to learn.

Lunchboxes

Remember to not bring rubbish to school and if you bring wrappers, take them home in your lunchbox.

Written by Morgan and Pixie, 3/4A

3/4 Learning Team



5/6 LEARNING TEAM

Welcome Back

Welcome back to all our families! Whether you are a returning grade 6 family or are joining the senior department as a grade 5 family we would like to welcome you all! We are looking forward to a wonderful year together.

Reading

Can all senior students please make sure they have a novel/something they enjoy reading at school for their blue book tubs. We aim to have at least five books in these that students are interested in reading. The book can be a book from our library once borrowing begins. Well done to the students who already have this organised!

Hats

Just a reminder that term one is a SunSmart term – all students must have a school hat ready to wear each day.

School Captains – Grade 6 Information

Today Mr Barker spoke to all our grade 6 students about the expectations for our four school captains. They are the role models for the whole school so need to be setting positive examples at all times.

On Tuesday 13th February at 11.30 the grade 6 students who wish to apply for school captain will give their speech to the senior department. The students will then vote for their choice of who should be a school captain. Students will find out on Wednesday 14th February who the successful students are. We encourage all our grade six students to consider this responsibility.

5/6 Learning Team

VISUAL ARTS

Welcome Back

Welcome back to art lessons for 2024. There are lots of exciting things coming up including a big exhibition at the Art Gallery called 'Paris: Impressions of Life 1880-1925) opening on March 16th. We are lucky that many students will be able to visit this exhibition for free!

Art Smocks

Please send a clearly named Art smock to school for Grades Prep to Grade 2. They are optional for Grade 3-6. I have a spare tub of smocks in the Art Room for general use. If your child's smock is missing from last year you are welcome to search through the communal tub.



Sketch Books and Canvasses

All students from Grade 3-6 need an Art sketch book. These were listed on the school book list. If you didn't order one, they can be purchased very cheaply at the discount stores - A3 if possible but A4 is fine. All children need an art canvas which was also listed on the booklist.

Sandy McLennan

Visual Arts

HEALTHY EATING

PLEASE READ! Healthy Eating Policy at Camp Hill Primary

These are some of the main points of our Healthy Eating Policy.

- Children are strongly encouraged to bring only healthy food to school for snacks and lunch
- Students need to bring brain food to eat in class when hungry which consists of fruit or vegetables-only fruit or vegetables can be eaten outside of lunch or recess eating time.
- Water is the only acceptable drink to be brought to school.
- Nuts are not advised for school snacks in line with our Anaphylaxis policy
- It is strongly advised that lollies, chips, chocolate etc should not be sent to school.

Also, at Camp Hill Primary we aim to be a **NUDE FOOD** school-this not only reduces plastic waste but also helps to keep our school grounds rubbish free. By creating a nude food lunch box you also save money on food wraps!

Zucchinis are in season- you may have heaps at home or your neighbours are chasing you with theirs! Here is a great Zucchini muffin recipe to try!

Sandy McLennan

Healthy Eating Coordinator

Zucchini Muffins

Makes 12

These cheesy zucchini muffins, flavoured with basil, are an easy and tasty snack for canteen menus, post-sport munchies or morning tea fundraisers.

Ingredients

- 1½ cups self-raising flour
- ¼ tsp salt
- ⅓ cup low-fat natural yoghurt
- 1 egg
- ⅓ cup sunflower oil
- ¼ cup grated tasty cheese
- 1 zucchini, grated (approx. ½ cup)
- ¼ cup finely chopped basil leaves

What to do

- 1 Preheat oven to 180°C.
- 2 Place the flour and salt in a large bowl, then create a well in the centre.
- 3 Combine the yoghurt, egg and oil in a separate bowl.
- 4 Add the wet mix to the dry mix and gently combine, adding the grated cheese, zucchini and basil as you go (don't over-mix).
- 5 Line a 12-hole muffin tray with baking paper.
- 6 Divide the mixture evenly between the muffin holes.
- 7 Set aside to rise for 10 minutes.
- 8 Bake for 20 minutes, or until firm to touch and golden.
- 9 Cool for 5 minutes before turning out onto a wire rack.



FRESH FRUIT FRIDAY

The free fresh fruit students receive on a Friday is proudly donated to the school by the following sponsor:



mckern steel™
foundation

Benefitting the health
and wellbeing of our
Bendigo school children

School visits coming
in TERM 4

Proudly funded by:

BlueScope King & COO INSTANT FURPHY IMPACTA Adroit

f i @mckernsteelfoundation

STUDENTS OF THE WEEK

CONFIDENCE

Arlo M: For a great start to the year in Physical Education when working with his new classmates.



PHYSICAL EDUCATION

This week students demonstrated wonderful teamwork skills in their new grades. Together we played initiative games which helped build healthy peer relationships and saw some fantastic problem solving. Students respectfully shared leadership roles around, giving each other opportunities to shine. I enjoyed watching everyone jump straight back into their Physical Education program with excitement overload!

Division Swimming Carnival - Bendigo

Students in grades 3 to 6 may have the opportunity to represent Camp Hill Primary at the Division Swimming Carnival held at the Bendigo East Swimming Pool on **Tuesday 5th March 2024 (TBC)**. If you believe your child is a **competitive** and **confident** swimmer in a particular stroke or they are currently involved in club sport swimming and would be able to compete in this event, please notify Alicia Smalley **by Monday 12th February**. As this competition is a timed event, students who excel may qualify for the Regional Swimming on Tuesday 12th March in Swan Hill and then onto State Swimming at MSAC on Friday 19th April.



Students' years 12 and over, 11 years, 10 and under (No younger than 9 years of age will be considered) **Ages are calculated as at December 31st 2024** eg. a child who turns 11 at any time during 2024 will compete in the 11 years event. **Children must be turning 9 or 10 in 2024 to be eligible for the 9-10 years event.**

Children must be born in the years 2011, 2012, 2013, 2014 or 2015 to be eligible to compete.

Each competitor may enter only two individual events, one relay and one medley relay.

The students can compete in the following events: Freestyle, Backstroke, Breaststroke and Butterfly.

This event is **only for strong swimmers** who are able to swim 50m using the **correct stroke technique**. A parent will be required to transport and supervise their child at the event, each school is required one additional helper to assist on the day if necessary. If you are unsure if your child has the ability to compete in competition swimming, you are welcome to email me with your child's time so I can give you additional information about average scores for their age group. A small entry fee may apply. Please have your **entries or inquiries to myself by early week 3 (Monday 12th Feb)** as **ENTRIES CLOSE 4.00 pm, WEDNESDAY FEBRUARY 21st, 2024.**

No late entries will be accepted.

Alicia Smalley
Physical Education

FOR YOUR INFORMATION

EPSOM FOOTBALL CLUB

Club Open Day – All welcome, new and past members. Register for the 2024 season.
Saturday 10th February 1pm – 3pm at the Epsom Huntly Recreation Reserve. Club merchandise
can also be ordered. BBQ provided.
Further information email secretary@epsomfc.com.au or facebook.com/Epsom Soccer. 0421
191 853



MARIST BRASS BAND - 2024 Come & Try Day

Tuesday 6th February at 5pm at Marist Bradd, 122 Hargreaves St, Bendigo. Adults & children
aged 8+ welcome! This session is free. Simply RSVP using this QR code.
More info: band@maristbrass.org.au or 0448 000 975

LUNCH ORDER

BBQ LUNCH ORDER FOR FRIDAY 9th FEBRUARY 2024

ORDER VIA OUR QKR APP!!!!

by 9.00am Thursday 8th February 2024.

No late orders accepted.

Hamburgers \$4.00, Vegie Burgers \$4.00, Sausage in bread \$2.60

Name..... Grade..... Hamburger..... Sausage..... Vegie Burger.....

Name..... Grade..... Hamburger..... Sausage..... Vegie Burger.....

Name..... Grade..... Hamburger..... Sausage..... Vegie Burger.....

Total enclosed \$..... Signed.....