

Newsletter No 37, 2023



We acknowledge the Jarra people of Dja Dja Wurrung country, the traditional owners on the land we live on, and pay our respects to their Elders, past, present & emerging.



Thursday 23rd November 2023

Purpose of Camp Hill Primary School is to develop and nurture lifelong learners within an engaging, global learning community, where the uniqueness and contributions of individuals are valued, shared and celebrated.

Following are the **core values** in which we strongly believe; they underpin our purpose and are the guiding principles of our school.

Caring: Being kind, helpful and sympathetic toward other people.

Honesty: To always tell the truth.

Confidence: Believing in yourself and others.

Respect: Recognising the rights, feelings, wishes and individual differences of others through our speech and manners.

Trust: Safely express opinions, beliefs, thoughts, and feelings in a secure environment.

Address: Gaol Rd, Bendigo 3552

Phone: 5443 3367

Email Address: camp.hill.ps@education.vic.gov.au

Web Address: www.camphillps.vic.edu.au

Calendar 2023

Tuesday	5 th December	P & F Group Meeting, 6pm at the Rifle Hotel, Bendigo
Tuesday	12 th December	Statewide Orientation Day 9:30am – 12:30pm
Thursday	14 th December	Grade 6 Graduation – James King Hall, BSSC
Friday	15 th December	OSHC 2024 account due Edplus Online Booklist ORDERS Due
Tuesday	19 th December	CHPS Parents & Friends dinner – BYO in Rosalind Park from 5pm
Wednesday	20 th December	Last day of Term 4. Early dismissal 12:30pm
Wednesday	17 th January 2024	BOOKLIST Collection Day at EDPLUS 9am – 4:30pm (ONLY)
Thursday	18 th January 2024	BOOKLIST Collection Day at EDPLUS 9am – 12 noon (ONLY)
Tuesday	30 th January 2024	1st Day of school - Term 1 2024

PRINCIPAL'S REPORT

Short Circus Performance

Yesterday was the last short circus performance for this year. I really do commend all of the students involved but especially the senior students and the short circus captains, who helped with the organisation. This was also the first time the 2024 Foundation students had to be part of this exciting event. As I reminded the audience our short circus is quite unique, but its continuation is dependent on parents making a voluntary contribution through the booklists.

Step Up Program

This week the students in Foundation to Grade 5 participated in the first of their step-up visits to the rooms they will be moving to next year. These visits are part of the school's internal transition program, allowing students to assimilate to the new areas in preparation for 2024. On State-Wide Orientation Day, students will move with their classmates to their 2024 classroom and spend time with their new teacher. The 2024 staff list will be published in next week's newsletter.

Foundation Transition and BBQ

Yesterday our new 2024 Foundation students were in the school all together for the first time. They enjoyed some activities and had the opportunity to meet their teacher. At the end of the visit the students enjoyed a sausage and were entertained by our short circus. A big thankyou to Lauren and Aaron Baker who cooked the BBQ and to the staff who organised the event.

Values Champions

Congratulations to the following students: George M, Will B, Tash I, Evie C and Malia K are this week's Values Champions. The students will receive a certificate in recognition of their achievement at the assembly on Friday.

Dad joke of the week

"I had a date last night, it was perfect. Tomorrow I will have a fig..."

Chris Barker
Principal

ASSISTANT PRINCIPAL

Be an Attendance HERO... HERE EVERYDAY READY FOR LEARNING ON TIME Student absence data for TERM 4



Early Bird Awards

Congratulations to 6A & 6B.

You were the grades with no late arrivals this week.

Early Bird champion – well done!

This is a fantastic effort from our senior students! 😊

100% attendance for Week 8

This week there were 224 students who had 100% attendance this week – well done!

Well done to Rahni from 1/2A who is the Attendance Hero champion for this week.

Who will it be next week?

Total number of student absence days Term 4	2021 days
Current school absence rate Term 4	7.5 days per student
School absence rate target for 2023	10.00 days per student (2.5 days per term)
Number of times students arriving late to school this week	35



*Trish Johnstone
Assistant Principal*

WELLBEING MATTERS

SLEEP...

Sleep is important for children's growth, learning, mood and development. Getting enough sleep also strengthens your child's immune system and reduces the risk of infection and illness. Good sleep habits like relaxing bedtime routines can help children sleep. When your child sleeps well, your child will be more settled, happy and ready for school the next day. Good quality sleep helps your child concentrate, remember things, regulate their emotions and behave well. This all helps your child learn well.

Children aged 5-11 years need **9-11 hours sleep** a night. Some children fall deeply asleep very quickly when they go to bed. Others sleep lightly, fidgeting and muttering, before getting into deep sleep. Puberty affects children's sleep. Often going to bed and waking up later, but they still need plenty of good-quality sleep.

How to help children sleep well

A good night's sleep is about getting to sleep, staying asleep and getting enough good-quality sleep. Here are some ideas that can help your child get the sleep they need.



- **Bedtime routine**

A bedtime routine is very important at any age, but especially for children. It helps your child wind down from the day and helps their brain and body connect that it is time for sleep.

For example, put on pyjamas, brush teeth, go to the toilet, quiet time in the bedroom with a book or quiet activity, say goodnight and lights out.

- **Relaxing before bed**

After a big day at school, your child might still be thinking about the day's events and worries. If your child's mind is still busy at bedtime, it can cause a restless night or bad dreams. You can help your child settle and relax for sleep by keeping activities quiet in the hour before bed. For example, you could play gentle music or read a story together; a bath or shower as part of your child's bedtime routine can also help with relaxation. Relaxing before bed also helps with better sleep for pre-teens and teenagers. Ideally, screen-time (TV, computers, iPads, PlayStations etc) will be limited for about 1-2 hours before lights out. If your child has had a busy day, or you they often can't settle well once lights are out, perhaps helping them to talk about or journal their thoughts/worries about the day may help settle their mind ready for sleep.

- **Good sleep habits**

Your child might sleep better at night if they keep regular sleep and wake times, even on the weekend; turn computers, tablets and TV off an hour before bedtime, have a quiet and dimly lit place to sleep, have their room and bed at the right temperature – not too hot or cold; get plenty of natural light during the day, especially in the morning, avoid caffeine in sports drinks and chocolate, especially in the late afternoon and evening.

More information on sleep, routines and establishing good habits can be found at:

<https://raisingchildren.net.au/school-age/sleep/understanding-sleep/school-age-sleep>

<https://www.cci.health.wa.gov.au/Resources/Looking-After-Yourself/Sleep>

<https://www.betterhealth.vic.gov.au/health/HealthyLiving/Mood-and-sleep>

RIGHTS, RESILIENCE AND RESPECTFUL RELATIONSHIPS (RRRR)



RRRR's in the 3/4 Department



Topic 8: Positive gender relationships

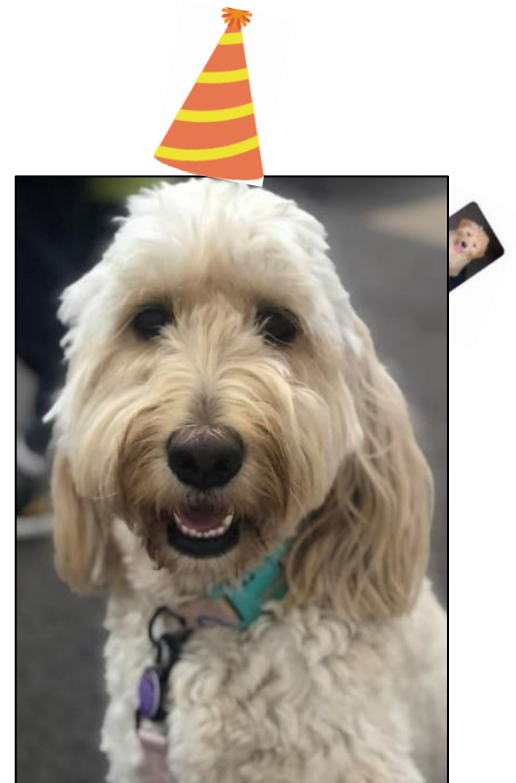
In Respectful Relationships this week, students in the 3/4 Department discussed the various types of violence, including physical, verbal and psychological (emotional). They talked about the impact that violence can have on people who witness or experience it and identified the contribution that acts of friendship can make to those who have been affected by violence.

DOGS CONNECT

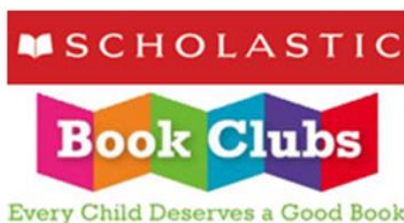
Polly is sponsored by Fur Life Vet.

Fur Life Vet have two clinics located in Bendigo:
167 Eaglehawk Road, Bendigo and 70-80 Midland Highway Epsom.
Please support this local business for your pet care needs.
www.furlifvet.com.au

Happy 4th birthday to Polly for Sunday 19th November. All students had a wonderful time celebrating her birthday and participating in the activities. Congratulations to Zoya M, Alyssa S and Jarod D who won the 'guess how many treats are in Polly's jar' competition.



LIBRARY



**BOOK
ORDER
DUE:**

1 / 12 / 23

**PLEASE ORDER & PAY VIA THE
LOOP**

FROM THE OFFICE

2024 Booklists

Students have all of the information for 2024 including the booklists, sent home today.

If you choose to order your child's booklist (classroom educational items) from EDPLUS, go to their website asap:

www.edplus.com.au and enter your child/ren's code (remember to choose their 2024 year level – **NOT 2023** 😊)

ONLINE ORDERS DUE BY: Friday 15th December 2023.

Foundation: CHPF2024H

Grade 1: CHP12024K

Grade 2: CHP22024V

Grade 3: CHP32024P

Grade 4: CHP42024Z

Grade 5: CHP52024M

Grade 6: CHP62024D

or alternatively if you choose to purchase the items elsewhere, a paper copy of the classroom educational items can be obtained by calling the school office on 54433367.

Edplus online stationery orders – payments can be made when finalising the order online or payment on the actual day. Delivery is also available for a hassle-free alternative.

Book Collection Days:

**Wednesday 17th January 2024 from 9am – 4:30pm and
Thursday 18th January 2024 from 9am to 12noon
at EDPLUS – 15 Phillips Drive, Kangaroo Flat
(Please note - NEW ADDRESS).**

**Booklists not collected on these dates will not be available for collection
until Thursday 1st February 2.00pm-5.00pm.**

You will not be able to collect at any other days or times.

2024 School Voluntary Curriculum Contributions

2024 Payment for all voluntary curriculum contributions are now available on our QKR app.

Sue Heider

Business Manager



PARENTS AND FRIENDS

Family Fun Fest

CHPS PARENTS & FRIENDS
**FAMILY FUN
FEST!**
THURSDAY 23RD NOVEMBER
5-7PM
AT GAMP HILL PRIMARY SCHOOL

BRING YOUR GOLD COINS
Chocolate toss
Dunny roll toss
Guess the number of lollies in a jar
Lots of music, dancing & ball games

Pizza & Refreshments for kids and adults to purchase
Feel free to bring your own food & picnic blanket

Please RSVP on QKR for catering purposes

The poster features a purple background with several colorful watercolor-style circles in shades of blue, pink, and teal. The text is centered and uses a mix of bold and regular fonts.

Camp Hill Primary School

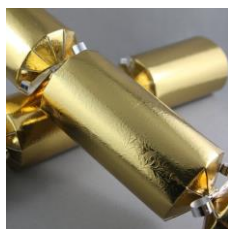
CHRISTMAS HAMPER

RAFFLE



Yes, it's that time again when we appeal to ALL Camp Hill families to donate something for our school's Christmas Hamper!

Examples of items required: Juice, shortbread, nuts, Christmas paper, cards, bon-bons, serviettes, wine, lollies, biscuits, cereals, tea/coffees, chocolates etc.



In the past we had had enough donations to make up
A lot of large hamper prizes.

Please send along your donations to the office asap.

Students will be receiving raffle books in the coming week.
Additional raffle books will be available at the office.

**The hamper prizes will be drawn on
Wednesday 13th December - 10am
at the school –**

**Please make sure raffle tickets are returned by 9am on this
date .**

BOSHC

This week at Before School Care, children have been enjoying a variety of activities including dance, badminton and indoor soccer which have all been very popular. Please ensure that if you are dropping your child at school prior to 8.15 am that they are booked into Before School Care.

For more information and bookings please contact Simon or Jamie on 0409 549 493

Simon & the BOSHC Team

OSHC

Legends Of The Week

A big congratulations to our legends of the week winners. Well done, Mila, Tilly, Arie and Fleur. Mila loves being at OSHC and likes to be involved in all activities. Tilly loves to dance and dress up while Arie is always outside on the turf doing footy or soccer. Fleur is always happy and smiling and loves feeding the chickens.

Accounts

Our next fortnightly account payment is due on Friday 24th November. Please be aware as the final weeks of the year are fast approaching - the final payment for all accounts will need to be zero by Friday 15th December, which will also include any booking fees for Monday 18th, Tuesday 19th and the final school day Wednesday 20th December.

Last Day Of Term Care

OSHC will be running care for families from 12:30pm, the time that all children are dismissed until 5:55pm.

Jamie, Simon & the OSHC Team

MUSIC LESSONS

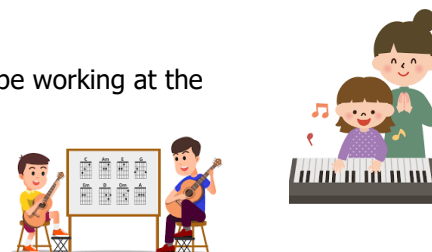
Interested in your child taking piano or guitar lessons?

Piano

Contact Kathleen Gee for piano lessons on 5432 2266 or 0417 326 530 who will be working at the school on Tuesdays & Wednesdays.

Guitar

Mr Shannon Millard will be teaching guitar lessons on Thursdays and can be contacted via email for more details. Shannon.millard@mhs.vic.edu.au or ph: 0437 252 136



BREAKFAST CLUB

CHPS Breakfast Club ✨

Come and join the CHPS
Breakfast Club

There will be toast, cereals and
fruit to chose from.

When: Friday mornings from
8:10am-8:30am

Where: In the BER



FOUNDATION LEARNING TEAM

Kinder Transition

Our 2024 Foundation students had their final transition visit today until the statewide orientation day. We had so much fun. Thank you to all parents for supporting your children with a quick goodbye so that we could move past any anxiety that going to 'big school' created. We will always ring if your child is unsettled and remains unsettled for a period of time. Usually, like today, students who are unsettled to begin with move on quickly once their big person is out of eye site. Today's activities included a play on the playground, story about Monster school, monster craft, sausage sizzle and then the circus finale – wow so much fun!

Fairy Tales

In Literacy we have been focused on Fairy Tales. Students really enjoy discussing the different versions read at school and home. The Three Little Pigs, Jack and the Beanstalk and The Gingerbread Man are favourites so far and give us lots to discuss in terms of story sequencing.

Maths

We have been graphing data to see which is the most popular dessert. Chocolate cake and ice cream are pretty popular in Foundation.

Happy Birthday Polly

Polly was a lucky girl receiving so many beautiful handmade birthday cards. What a lucky four-year-old!

End of Day Routine

Now that we are looking towards grade one, parents please consider organising an alternative location to meet your student at the end of the day if you are still waiting at the classroom door. Under the shade sail, or near the friendship seat can give just that little bit more independence to your child and make next year's transition that little bit easier.

Foundation Learning Team

1/2 LEARNING TEAM

Step Up

On Monday and Thursday afternoon this week, 1/2 students spent the afternoon participating in different activities with students who will be in their year levels for next year. This is a great way to begin transitioning students to their new year levels for next year. We will have two more step up sessions prior to the Statewide transition day.

Polly's Birthday

We had a great time on Monday celebrating Polly's birthday. We were able to follow the clues in the scavenger hunt to find Polly and played pin the pom pom on Polly's party hat. Well done to Zoya from 1/2A who correctly guessed how many treats were in Polly's jar. Polly is a great addition to 1/2A and 1/2B classrooms from time to time and we enjoy spending time with her. Happy 4th birthday Polly!

Grade 5/6 Businesses

This week we have been lucky enough to participate in some of the Grade 5/6 Inquiry businesses. Students have had the opportunity to participate in obstacle courses, face painting, competitions, and other fun activities. Thanks to the Grade 5/6 students for getting us involved.

1/2 Learning Team



3/4 LEARNING TEAM

Step Up Program

All students will be participating in our school wide Step-Up Program which will be conducted on Mondays and Thursdays in weeks 8 and 9. Students will be placed in mixed groups to build new connections and spend time in all classrooms within their department.

Goals

Updated student goals for reading, writing and mathematics will be coming through in the next few weeks. Please keep an eye out for these on google docs.

Term 4 Inquiry

This term's inquiry project is to create a 'useful' item out of 'useless junk'. Many students have begun creating their new, purposeful object using items from their home junk drawer, recycling tub and/or landfill tub. We look forward to viewing finished products in weeks 10 and 11.

3/4 Learning Team

5/6 LEARNING TEAM

Writing Inspiration Board

Next week 5/6's will be creating a writing inspiration board in class. We are having a focus on ideas in class, and we are going to send home a copy. Can you please help students to develop their ideas from their board further. Students may wish to create plans at home to bring into school to assist their writing, or word lists. This is a way to boost engagement in free writing and to help foster creativity and a school-home link.

Week 10 Favourite Books

Can you please bring your favourite book from home for our Literacy block in Week 10 ☺

Grade 6 2024 Tops

A reminder to return your green slip to the office with your child's selection of size & quantity by **TOMORROW, 24th November**. Payment can be made on QKR. Contact the office for more information. We look forward to these tops arriving ready for the start of the school year. ☺

FRESH FRUIT FRIDAY

The free fresh fruit students receive on a Friday is proudly donated to the school by the following sponsor:

mckern steel™
foundation

Benefitting the health
and wellbeing of our
Bendigo school children

School visits coming
in TERM 4

Proudly funded by:



STUDENTS OF THE WEEK

RESPECT

Max L: For consistently showing all five of the school values in the classroom. You are a wonderful role model to your peers, Max!

CONFIDENCE

Inca B: For her enthusiasm toward her small school business.

TRUST

Miles T: For valuing his small school business and ensuring the tournament layout was correct.

Sigrid N: For being prepared when running her small school business.

Charlie B: Is always such a reliable person to ask for help with any jobs in and around the classroom. He does his best no matter what. Way to go Charlie!

FOR YOUR INFORMATION

NEWBRIDGE FOOTBALL NETBALL CLUB INC

2024 Junior Netball positions available. Under 17,15,13 & Minis. Further info contact Larni Cleeland 0467 597 136 or Mandy Dixon 0427 856 764

ELF ACADEMY

16th – 23rd December at Central Deborah Gold Mine. Craft activities, games and challenges to gain your Cert IV in Elf Training. Ph: 5443 8322

LUNCH ORDER

SUSHI LUNCH ORDER FOR FRIDAY 1st DECEMBER 2023

ORDER VIA OUR QKR APP!!!!

by 9.00am Thursday 30th November, 2023.

No late orders accepted.

Sushi \$4.00 – Crispy chicken, Teriyaki chicken, Vegetarian, Cooked Tuna

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna

Total enclosed \$.....

Signed.....