

Newsletter No 12, 2023

We acknowledge the Jarra people of Dja Dja Wurrung country, the traditional owners on the land we live on, and pay our respects to their Elders, past, present & emerging.



Thursday 4th May 2023

Purpose of Camp Hill Primary School is to develop and nurture lifelong learners within an engaging, global learning community, where the uniqueness and contributions of individuals are valued, shared and celebrated.

Following are the **core values** in which we strongly believe; they underpin our purpose and are the guiding principles of our school.

Caring: Being kind, helpful and sympathetic toward other people.

Honesty: To always tell the truth.

Confidence: Believing in yourself and others.

Respect: Recognising the rights, feelings, wishes and individual differences of others through our speech and manners.

Trust: Safely express opinions, beliefs, thoughts, and feelings in a secure environment.

Address: Gaol Rd, Bendigo 3552

Phone: 5443 3367

Email Address: camp.hill.ps@education.vic.gov.au

Web Address: www.camphillps.vic.edu.au

Calendar 2023

Wednesday	3 rd May	Division Cross Country – Grades 3-6 at Bendigo Racecourse
Friday	5 th May	OSHC fortnightly accounts due
Monday	8 th May	Mother's Donations/Gifts Due 4pm
Thursday	11 th May	Elmore Bakery Fundraiser – PIE COLLECTION DAY 3-4:30pm: school gate
Friday	12 th May	Gr 3/4 Sovereign Hill Excursion Mother's Day Raffle Drawn 9:30am School Beanie orders - due on QKR Transition to Year 7 Enrolment information forms due back
Tuesday	16 th May	School Council Meeting 5:30pm
Thursday	18 th May	'Bringing Up Great Kids' program, 9:30am at CHPS
Tuesday	23rd May	Curriculum Day - PUPIL FREE DAY. BOSH/OSHC Available
Friday	26 th May	National Sorry Day
Thursday	25 th May	Camp Hill Athletics Carnival for Grades 3-6
Thursday	1 st June	Star Cinema Fundraiser – 'Book Club: the next chapter' SAVE THE DATE
Friday	23 rd June	Last day of Term 2. Early Dismissal 2:30pm

PRINCIPAL'S REPORT

Sentral Access

This year bookings for parent-teacher interviews will be made on the Sentral platform. Although the interviews will not take place until early Term 3, parents will need to ensure they have access to the Sentral portal prior to then. If you need support to access the portal, please feel free to contact the office and they will assist.

Staff Car Park

Could parents please note that the staff car park is not an area for access by parents at any time either in cars or on foot. Several parents are continually walking their children and toddlers in this dangerous space. Please use the footpath adjacent to the staff car park. This will ensure everyone keeps safe.

Foundation Enrolments 2024

Just a reminder to our families to complete an interim enrolment form for your little one if they are starting in Prep (Foundation) next year. Interim enrolment forms can be collected from the office and should be returned by Friday 23rd June.

New School Webpage

This week we launched our new school webpage. Although the page is still under construction parents are invited to go online and have a look. The page will continue to be populated with documents and images in coming weeks.

Mother's Day Raffle

We are still accepting donations for our Mother's Day raffle; donations can be dropped at the office. Additional raffle tickets are available from the office also.

Dad's Group Tips

We all want our kids to be well-behaved and respectful, right? That's where positive discipline comes in. It's all about teaching our children the difference between right and wrong behaviour and how to manage their own actions.

Positive discipline is a way to teach and reward positive behaviour while helping our kids change behaviours that are unacceptable. This approach helps them follow rules at home, school, and in society.

It's super important that our kids know we love them no matter what. So, when they make mistakes, we should use positive language like, "I love you, but I don't love this behaviour." It's all about building a strong relationship with our kids, and a safe connection.

Consistency is key with positive discipline. When dads are consistent in a warm and caring way, it helps reassure our kids that we're there to protect and support them, even when they make mistakes.

Top Tips

- 1. Be warm, calm, and firm, when talking about behaviour.** Children feel more at ease and secure when they know who is in charge. Fathers who are warm and firm have been found to have the most positive impact on their kids' behaviour.
- 2. Be consistent.** Consistent boundaries help children know where the limits are, so they are less likely to cross them.
- 3. Catch them doing good things.** Watch out for your kids doing the right thing. Heap up the praise and reward your kids when they follow the rules.

Dad joke of the week

A colour blind friend insists that all apples are yellow. I told him that was bananas...

Chris Barker
Principal

ASSISTANT PRINCIPAL

Be an Attendance HERO...
HERE EVERYDAY READY FOR LEARNING ON TIME
Student absence data for TERM 2



Early Bird Awards

Congratulations to **Foundation A, 1/2C and 6B.**

You were the grades with no late arrivals this week.

Early Bird champions – well done on two weeks in a row!

It's great to see the senior grade leading the way.

This is a fantastic effort 😊

100% attendance for Week 2

This week there were **218** students who had 100% attendance this week – another great effort!

Well done to **Willow** from **1/2C** who is the Attendance Hero champion for this week.

Who will it be next week?

Total number of student absence days Term 2	296 days
Current school absence rate Term 2	1.0 days per student
School absence rate target for 2023	10.00 days per student (2.5 days per term)
Number of times students arriving late to school this week	26



Trish Johnstone
Assistant Principal

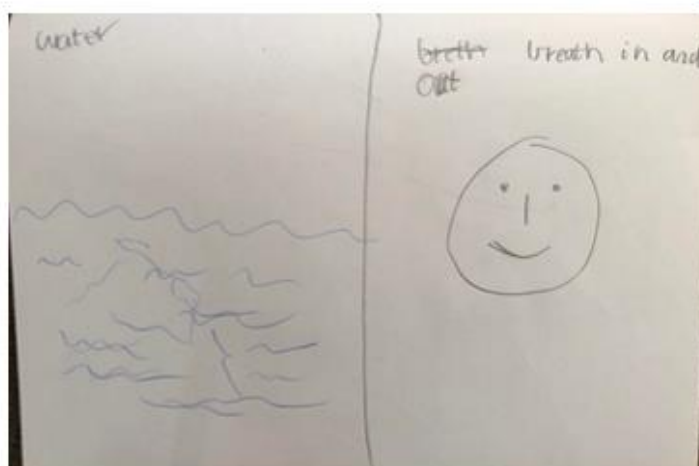
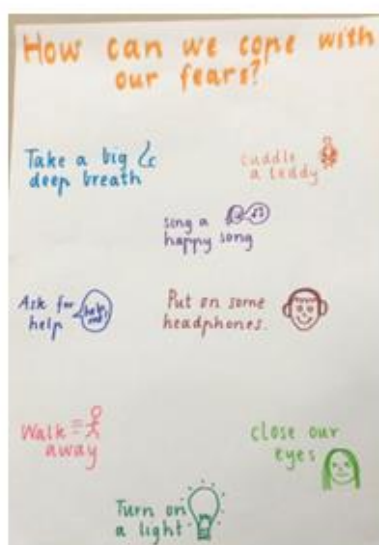


RESILIENCE AND RESPECTFUL RELATIONSHIPS (RRRR)

RRRR's in the 1/2 Department Topic 3



This week in RRRR 1/2 students were identifying some fears that people their age might have. Students then worked together to develop some coping strategies that they could use when they are feeling scared or worried.



WELLBEING MATTERS

GRATITUDE

Gratitude is about paying attention to the things and moments we have right now, and not worrying about what we don't have. We practice gratitude by noticing the positives that exist around us, and by being thankful for things, places, and people in our lives. If we practice gratitude regularly, we can reset our brain for more positive thinking, which in turn affects our overall wellbeing and mental health. There are many quick and easy ways to practice gratitude, from keeping daily journals to activities you can do as a family. You can also use family mealtime as a great way to check-in and practice gratitude. Asking your kids these questions is a great way to facilitate positive conversations and can help develop not only gratitude but empathy and mindfulness.

What were three things that went well for you today?

Who is someone you feel grateful for today? Tell us why.

What is it about our home that makes it our home/special family place?

What is something you are looking forward to tomorrow?

More ideas on how to practice gratitude can be found on The Resilience Project website

www.theresilienceproject.com.au

The Resilience Project has a wide variety of information and resources to better understand and develop gratefulness, empathy and mindfulness. They also have a Parent/Carer section with resources to help you to support the positive mental health of your children <https://theresilienceproject.com.au/at-home/parent-carer-information/>

And their GEM TV is an engaging and energetic series focussed on wellbeing which covers topics such as gratitude, empathy, mindfulness, emotional literacy, and connection. You can watch them anytime on several platforms including their website, video and YouTube <https://theresilienceproject.com.au/at-home/gem-tv/>

What are you
grateful
for?

Camp Hill Primary School

'Bringing Up Great Kids'

Dear Parent/Carer,

Have you ever thought about wanting some new ways to help your child cope with the ups and downs of life? To teach your kids about strong feelings and how they can manage them better? To learn parent approaches to remain calm when feelings get stressful in your family?

These feelings skills are really important to help children make and keep friends, do well at school and feel good about themselves.

Parents and carers of children at Camp Hill Primary School have an opportunity in Term 2 2023 to participate in 'Bringing Up Great Kids', a free parent program. This 6 week program will run during Term 2 into term 3 on Thursday mornings from 9.30am -11.00am at the school. The program will be facilitated by Mark Lees, Camp Hill's Student Wellbeing worker.

Overview

Bringing Up Great Kids is a reflective, mindful, respectful program that provides parents with an opportunity to reflect on their parenting journey.

Date: 18th May

Time: 9:30am

Bringing Up Great Kids provides a friendly and safe environment for parents to learn from each other as they continue their parenting journey.

Where: CHPS

Program Content

The Bringing Up Great Kids' program supports parents and carers to:

- learn more about the origins of their own parenting style and how it can be more effective.
- identify the important messages they want to convey to their children and how to achieve this.
- learn more about brain development in children and its influence on their thoughts, feelings and behavior.
- understand the meaning behind children's behaviors, and how to respond to children's underlying feelings and needs.
- explore new ways of communicating with children.
- discover ways for parents to take care of themselves and to find support when they need it.

Feedback from previous programs indicate that 'Bringing Up Great Kids' is a valuable parenting experience. Independent evaluation of the program by Deakin University found, "that parents reported a significant reduction in parental stress, a decrease in family conflict, significant increase in parent confidence and very high levels of satisfaction with the program".

If you would like some more information on the program, please feel free to call **Chris Barker on 54433367.**

Bringing Up Great Kids Parent Program

Expression of Interest

I/we _____, would like to express my/our interest in participating in the 'Bringing Up Great Kids' program offered by Camp Hill Primary School in 2023.

Contact Number: _____

Child/ren's Name and 2023 Grade Level:

POLLY- DOGS CONNECT

Polly has had a great first week back in classes this week. Polly Pit Crew members have been learning about the wellbeing of Polly and how we can best look after her at school.

Remember to keep your eyes peeled for the picture of Polly in the newsletter. If you spot her, fill out the 'Where's Polly?' competition form and place it in the where's Polly box in the library. If a student's name is drawn out at assembly, they will win a free lunch order.

Polly now has a sponsor! Fur Life Vet has generously donated a 12-month Best Mates Membership, providing **FREE** vet consultations, vaccinations and dental care for Polly.

Fur Life Vet have two clinics located in Bendigo:

167 Eaglehawk Road, Bendigo and 70-80 Midland Highway Epsom.

Please support this local business for your pet care needs.

www.furlifevet.com.au



NEWS FLASH

Lucas Herbert, who was an ex-student at Camp Hill Primary, won the ISPS Honda Golf Championship in Japan recently taking him to a World Ranking of 42. Well done, Lucas!



FROM THE OFFICE

School Beanies

Once again, we are seeking orders for our school beanie - a navy knitted hat with the white school logo embroidered on the front.

One size fits all – Cost: \$20 each.

Please place orders & payment on QKR by Friday 12th May 2023.

This will allow time to obtain orders and to be distributed asap.

Sue Heider

Business Manager



PARENTS AND FRIENDS

Mother's Day Raffle



Camp Hill Primary School
Tickets \$1 each

Drawn: 10am - Friday 12th May 2023
Pay on QKR or cash to the office

ALL sold tickets returned to the office
by no later than Friday 12th May at 9am

Donations

We are asking for donations to go towards the Mother's Day raffle e.g., chocolates, lollies, nuts, biscuits, wine, candles, cups, vouchers, coffee cards just to name a few examples. All gifts can be sent to the office by Monday 8th May to be wrapped. Thank you for your support 😊



BOSHC

BOSHC - Pupil Free Day

Tuesday 23rd May, we will be running our OSHC program for families who are working. Our hours of operation are from 6:30am until 5:55pm. Families can now start making bookings. You can either call or text on 0409 549 493 or email us on oshc@camphillps.vic.edu.au or speak with Jamie or Simon at the OSHC room.

As BOSHC has been operating since the beginning of this year. We have noticed that there are several children being dropped off to school early, as there is no supervision in the school grounds, parents who drop children off prior to 8:15am, are encouraged to book your children into Before School Care to protect the safety of your children. Families can collect an enrolment form from the school office or from the OSHC building anytime.

Families that continue to drop children early will be provided with an enrolment form and asked to access Before School Care.

For further information please contact Simon or Jamie on 0409 549 493 or email us on oshc@camphillps.vic.edu.au or speak with Jamie or Simon at the OSHC room.

Simon & the BOSHC Team

OSHC

Pupil Free Day

Tuesday 23rd May, we will be running our OSHC program for families who are working. Our hours of operation are from 6:30am until 5:55pm. Families can now start making bookings. You can either call or text on 0409549493 or email us on oshc@camphillps.vic.edu.au or speak with Jamie or Simon at the OSHC room.

Legend Of the Week

Congratulations to our Legend of The Week Award winners for this week, they are M C and Elijah. M is always a strong leader and supportive person towards all children and staff, she loves helping out. Elijah is friendly and a positive role model towards everyone and loves to give everything a go at OSHC.

Accounts

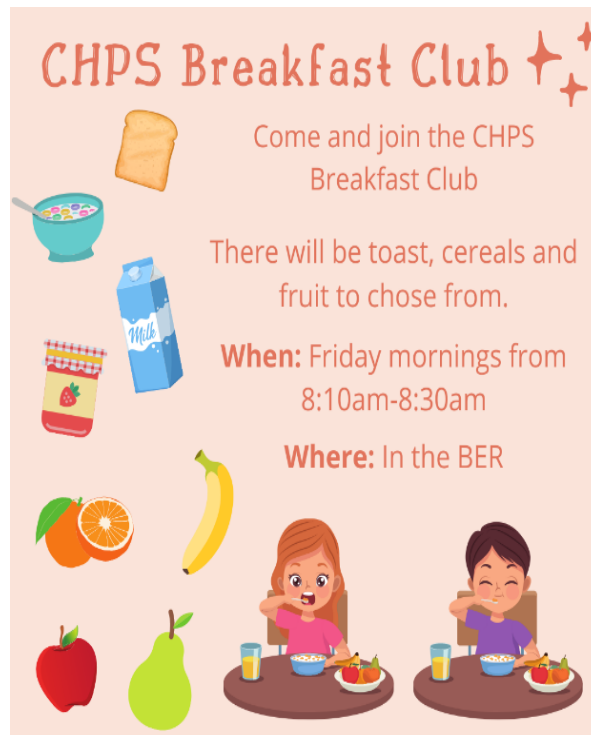
A reminder that our current fortnight account is due this Friday 5th May.

Important Info About Accounts

Just a reminder to have your account paid in full each fortnight otherwise your child's care will be cancelled until payment is made. Please contact Jamie or Sue in the office if you have any account concerns.

Jamie, Simon & the OSHC Team

BREAKFAST CLUB



FOUNDATION LEARNING TEAM

Teddy Bears Hospital

Don't forget all Foundation students are asked to bring a teddy bear for our Teddy Bear Hospital incursion on Friday 5th May. No parent helpers required for reading on this day.

Term 2 Routines

It has been so great to see many of the kids enjoying their independent time for a play before school or the walk to the gate after school to meet their special person.

If you are going to change your routine, please just let me know so I can remind your child.

Family Photo/Show and Tell

Please send your family photo via dojo, email or hard copy ASAP. This week we will use this to help with our show and tell.

Foundation Learning Team

1/2 LEARNING TEAM

School Uniform

As the weather is getting cooler now, please make sure your child is wearing appropriate clothes. We would suggest packing a spare pair of clothes in their bag in case your child gets wet or dirty during the day. Please make sure all items are clearly named.

GROW

Next week students will participate in five lessons over the week that focus on our school values and what they mean to us.

Learning at Home

Over the next three weeks we will be focusing on Subtraction in Maths. Please help your child to be thinking about subtraction in every day life and what strategies they can use to work out the problem.

Library

A reminder that we have Library on Tuesdays, please remind your child to bring their library bag and to return their books regularly so that they can reborrow.

1/2 Learning Team

3/4 LEARNING TEAM

Division Cross Country

Well done to all of our students for their behaviour and participation at the cross country event yesterday. We all had a great time. A special mention to Arie Riley who made it through to the next step of Regional Cross Country and also to the 8 year old boy's team which won the team award.

Sovereign Hill Excursion.

Next Friday 12th May we will be traveling to Ballarat to visit Sovereign Hill. We will be leaving school very early.

All students will need to be at school no later than 7:45am. Our day is very busy so we will not be able to wait for those that arrive late to school. We should be back at school between 4 and 4:30 pm. **Please ensure all students are in full school uniform and have food, water, and warm clothes for the day.**

Art Gallery Visits

All grades will be visiting the Art Gallery with a focus on understanding our First Nations People's history and connections to Country. The effects, and nature of contact between Europeans and First Nations People.

The dates and times are in May as follows.

Gleisner - 3/4B Wednesday 17th at 10am

Shannon - 3/4D Wednesday 17th at 11.30am

Hosking - 3/4C Friday 26th at 10am

Evans - 3/4A Friday 26th at 11.30am.

If you would like to accompany your child's grade as a helper for this excursion, please contact their teacher.

3/4 Learning Team

5/6 LEARNING TEAM

Year 6 Information Evening for Government Schools

The information night for the four Bendigo government schools is next Wednesday 10th May. More information is included on the flier included in this newsletter and has been emailed home to parents.

Year 6 to Year 7 Enrolment Forms

These are due back to Cath Wallace in 6B by next Friday 12th May. Thank you.

3D Printers

This week the senior school has been loaned four 3D printers from the Bendigo Tech school. Each of the four classes will be working with designing different things and printing these. This week we have been printing keychains for our prep buddies.

Inquiry - What can we learn from the past to take to the future?

This term the classes have started tuning in to our Australian history inquiry. One of the tasks we did this week was to bite an arrowroot biscuit into the shape of Australia. This was quite an entertaining activity as you can imagine!

5/6 Learning Team



GREEN TEAM

MAD Monday is back this week. M.A.D Monday stands for Make A Difference Monday.

We want students to have **Nude food every day** because we are a proud nude food school. We are trying to stop single use plastic. At Camp Hill we use containers, wraps or nude food lunch boxes with compartments to store our lunch. If students bring plastic to school, they need to take it home in their lunch box. Plastic can be recycled from home. Students who get a tick on MAD Monday go into a raffle at the end of term!

By Lily Scully and Charlie Anstee

PHYSICAL EDUCATION

Division Cross Country

Yesterday, students in grades 3 – 6 participated in the Division Cross Country at the Bendigo Racecourse. The children had a great time participating even though it was a little chilly.

Thank you to all the parents who came out to watch.

Alicia Smalley

Physical Education

FRESH FRUIT FRIDAY

The free fresh fruit students receive on a Friday is proudly donated to the school by the following sponsor:



PERFORMING ARTS

What's new this week?

Foundation

The Foundation students are learning to play and understand the beat. The students learnt the new song 'Bound High'.

Grade 1-2

Students played the game 'Charlie over the Water'. The students identified the pitch of the song using solfa hand signs.

Grade 3-4

Students had a lesson about Bangarra Dance Company and the role of dance in Aboriginal and Torres strait Islander culture.

Grade 5-6

Grade 5 and 6 students have started to explore how music is used to recall and record history. We are looking at Australian history this term. They learnt to play "Botany Bay" and we learnt all about convicts who came to Australia.

Short Circus

See you on Friday.

PLEASE BRING BACK THE CIRCUS EQUIPMENT EVERY FRIDAY

Mary Thorpe

Performing Arts

STUDENTS OF THE WEEK

RESPECT

Angie C: For being respectful and following classroom routines consistently

Samar W: For being a respectful learner in our classroom and ensuring that he is keeping our classroom promises. Keep up the great work!

Darren N: For always showing a positive and respectful attitude towards his teachers, peers and learning activities. Keep it up Darren!

CONFIDENCE

Wolfe M: For confidently participating in all classroom discussions.

Charlie B: Keep up the 'I can do it' attitude. You are really kicking goals!

CARING

Kenzi T: Well done for helping others when you see someone who needs it.

FOR YOUR INFORMATION

BENDIGO VOLLEYBALL ASSOCIATION

Minis Volleyball for Primary School students

All skill levels welcome. 4:30 – 6:00pm at the Red Energy Arena, Courts 4, 4A and 5.

Commencing Sunday 21st May – COME AND TRY

volleyball@bendigostadium.com.au

JOBS VICTORIA ADVOCATES BENDIGO

Offering a free, no obligation, service for our local community who need some advice and information for better opportunities for future pathways.

- Resume update
- Local Employment Opportunities
- Volunteer Options
- Financial Guidance
- Mental Health Supports
- Interview preparation
- Job applications
- Training, Courses, Traineeships
- Careers Counselling
- Links to local community centres
- Career Mentors

Contact: jvap@bendigo.vic.gov.au

2023 Grade 6 Information Evening

Wednesday 10th May 2023

2024 Year 7 Information Sessions
at the following
Bendigo Secondary Colleges

	<p>6.30 - 8.00pm Location: Performing Arts Centre</p> <p>EAGLEHAWK SECONDARY 5446 8099 eaglehawksc.vic.edu.au</p>	
	<p>6.30pm - 8.00pm Location: Global Learning Centre</p> <p>WEEROONA 5443 2133 weeroona.vic.edu.au</p>	
	<p>6.00pm - 7.00pm Location: Year 7 Building (B1 and B7)</p> <p>Bendigo South East COLLEGE 5443 4522 bse.vic.edu.au</p>	
	<p>6.30 pm- 8.30pm Location: College Gymnasium</p> <p>CRUSOE COLLEGE 5447 7722 crusoecollege.vic.edu.au</p>	



VICTORIA State Government | Education and Training

LUNCH ORDER

CHICKEN SCHNITZEL LUNCH ORDER FOR FRIDAY 12th MAY 2023

ORDER VIA OUR QKR APP!!!!

by 9.00am Thursday 11th May, 2023.

No late orders accepted.

Chicken Schnitzel with lettuce and mayonnaise in a roll \$4.70, Vegie Burger \$4.00

Name..... Grade..... Schnitzel Roll..... Vegie Burger.....

Name..... Grade..... Schnitzel Roll..... Vegie Burger.....

Name..... Grade..... Schnitzel Roll..... Vegie Burger.....

Total enclosed \$.....

Signed.....