

CAMP HILL PS

PHYSICAL EDUCATION FRAMEWORK POLICY



PURPOSE

- To promote an understanding of the importance of health and lifelong participation in physical activity.
- To increase the ability of each child to cope purposefully and adequately with various situations involving activity and to provide opportunities for the development of versatility and creativity within these situations.
- To encourage the development of socially desirable attitudes and values, and the pursuit of wholesome, leisure-time activities.
- To encourage participation in physical activities as an enjoyable experience.

GUIDELINES FOR ACTION

- Follow the Sunsmart initiative during all Physical Education sessions.
- Term planners in each department will outline the program.
- Physical Education sessions are to concentrate on 'skills' teaching and require organisation to allow for effective participation and maximum 'hands on' experiences for students. An ideal format includes warm-up, skills acquisition, application and cool-down activities.
- Children to be given the opportunity to use Physical Education skills in a variety of sporting situations.
- Implementation of the Perceptual Motor Program to relevant Junior students.
- Students Foundation to Year 6 may be involved in a sequential, intensive swimming program.
- The school will participate in outside school and zone competitions, unless prior commitment has been made to a school activity.
- Drinking of water is encouraged during physical activity.
- Physical Education is timetabled to allow maximum use of resources and equipment and to ensure that all groups have equal access *in line with the DEECD's mandated times for Physical, Health and Sports Education*.
- Play equipment that encourages physical activity is made available to students at lunchtimes and other breaks.
- Students are encouraged to walk or ride to school where safe and appropriate. The school will promote walking or riding to school through a whole of school activity at least one day per term. ie. Walk, Ride or Scoot to school day or Walk-A-Fun.
- Families are informed of the Physical Education policy and are provided with information to meet this policy.

IMPLEMENTATION

- Provision of adequate class sets of equipment (such as balls, bats, skipping ropes) to efficiently carry out Physical Education lessons and sport.
- Physical Education sessions to fit in with Sunsmart initiative.
- Develop and use areas around the school.
- Ensure all equipment used is returned to the same spot in the sports shed for others to use.
- Staff ensure all equipment is safe to use.

Staff ensure appropriate precautions and safety measures are taken to minimise any potential risk to students.

EVALUATION

This policy will be reviewed as part of the school's four-year review cycle.

This policy was last updated April 2019 and is scheduled for review in April 2023.