

Newsletter No 3, 2022

Thursday 17th February 2022

Purpose of Camp Hill Primary School is to develop and nurture lifelong learners within an engaging, global learning community, where the uniqueness and contributions of individuals are valued, shared and celebrated.



Following are the **core values** in which we strongly believe; they underpin our purpose and are the guiding principles of our school.

Caring: Being kind, helpful and sympathetic toward other people.

Honesty: To always tell the truth.

Confidence: Believing in yourself and others.

Respect: Recognising the rights, feelings, wishes and individual differences of others through our speech and manners.

Trust: Safely express opinions, beliefs, thoughts, and feelings in a secure environment.

Address: Gaol Rd, Bendigo 3552

Email Address: camp.hill.ps@education.vic.gov.au

Phone: 5443 3367

Web Address: www.camphillps.vic.edu.au

Calendar 2022

Wednesday	February	Foundation Students – NO SCHOOL (every Wednesday month of Feb)
Monday	21 st February	Scholastic Book Club Orders due
Thursday	24 th February	Camp Hill Parents & Friends Club meeting 5:30pm
Thursday	3 rd March	AFL Clinic Grades 3/4: 11:30am – 1pm
Monday	14 th March	PUBLIC HOLIDAY – LABOUR DAY
Tuesday	15 th March	School Council AGM 5:30pm WEBEX - Followed by School Council meeting
Tuesday	15 th March	All visitors who enter the school must be triple vaccinated Photo Day online payments due by 4:30pm
Wednesday	16 th March	Photo Day – Whole School
Monday – Thursday	21 st – 24 th March	Planning Week
Friday	25 th March	Bulb Fundraiser – Orders Close
Friday	8 th April	Last day Term 1 – Early Dismissal 2:30pm
Friday	15 th April	EASTER – Good Friday
Monday	25 th April	NO SCHOOL – Holiday from Easter Monday
Tuesday	26 th April	Term 2 Commences
Thursday	26 th May	School Athletics

PRINCIPAL'S REPORT

2022 Camp Hill Primary School Council

At close of nominations for Camp Hill Primary School Council, one nomination has been received for the Department of Education position. Jackson Hood is duly elected for 1 year. At the close of nominations, the required number of 3 nominations has been received for the parent member category. Each position has been filled by renominating and returning parent members Natalie Tremellen, Kelly Edwards and Andrew Nicholson.

At the Annual General Meeting of the new Council, on Tuesday 15th March officer bearers will be elected.

Due to the resignation of an existing council member, post the election process, a casual position in the parent category now exists. School Council will seek to co-opt a parent representative to the position, which has a tenure of 12 months.

Membership of the School Council for 2022 is as follows:

Parent Members: Kristen Swann, Kelly Edwards, Andrew Nicholson, Natalie Tremellen, Rebecca Broadbent and a co-opted parent member to be confirmed.

DET Members: Chris Barker, Lauren Peeler, Jackson Hood and Trish Johnstone

I wish to acknowledge the work of outgoing Councillors: Catherine Macdonald, Liam Sibley and Rhylee Elliott. On behalf of the school community, I thank them for their contribution to the governance of the school and support offered during some very difficult and challenging times.

The outgoing members are all invited to attend the AGM on Tuesday 15th March commencing at 5:30pm.

Parents and Friends Club

The inaugural meeting of the Camp Hill Parents and Friends Club will be held on Thursday 24th February at 5.30pm.

Current COVID restrictions prevent us meeting face to face so the meeting will be held via Webex through the following link: <https://eduvic.webex.com/eduvic/j.php?MTID=me4156fb4da38e3dd848263d1338f5a26>

All parents and carers are welcome to attend.

Rapid Antigen Test Packs

Yesterday all eligible students received the second of the rapid antigen testing packs. This second pack will support testing through to the end of week 4 of the school term. We ask that students test on a Tuesday and a Thursday each week. I would like to thank parents for their support with the testing, provides the opportunity for early detection and allows those students who do not test positive to remain at school.

Chris Barker

Principal

ASSISTANT PRINCIPAL

Be an Attendance HERO...

HERE EVERYDAY READY FOR LEARNING ON TIME



Student absence data for Week 3, ending 18/2/2022

Total number of student absence days Term 1	127 days
Current school absence rate Term 1	0.4 days per student
School absence rate target for 2022	10.00 days per student
Number of times students arriving late to school	24

Early Bird Awards

Congratulations Foundation A, Foundation B, 1/2C, 5A & 5B!!

Everyone in these 5 classes arrived at school ready for learning this week. Keep up the great effort.

Why is it important that I go to school every day?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Please contact me if you need any further support.



What if I'm having problems getting to school?

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

- Asking your parents for help getting ready
 - Having a set time to go to bed
 - Leaving all technology out of your bedroom
 - Packing your school bag the night before with everything you need
 - Having a set time for breakfast
 - Planning to meet up with a friend so you can travel to school together.
- Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer.

Many people want to help you. Try talking to:

- Your parents or another adult family member
- Your classroom teacher or a trusted teacher



Useful websites/contacts

Kids Matter - www.kidsmatter.edu.au

Youth Beyond Blue - www.youthbeyondblue.com.au

Headspace - www.headspace.org.au or e-headspace www.eheadspace.org.au/ for online counselling & support

Reach Out - www.reachout.com

Kids helpline - 1800 55 1800 24 hours a day, 7 days a week or [web counselling](#)

Trish Johnstone

Assistant Principal



WELLBEING MATTERS

Over Term 1 I'm sure that parents/carers and school staff will keep supporting students to manage their feelings about school and the continued situation regarding COVID

Here are some ways to support your child:

Check in on Feelings

When children (and adults) tune in to their emotions they tap into information that assists them with decision-making, learning and their wellbeing. It's relatively easy to tune into behaviour and our thoughts, but much harder to detect our emotions. The skill of emotionally checking in helps children to identify how they are feeling at any given time. One way to do this is for kids to stand or sit still, close their eyes, take some deep breaths, and identify and give a name to their feeling. This habit of checking, once practised and learned, is a wonderful life skill to acquire and develops their social/emotional capabilities. More information on tuning into our own, or our kid's emotions can be found at www.gottman.com (Emotion Coaching).

Practise Deep Breathing

Research shows that deep breathing instantly engages our capacity to relax and stay calm. When a child becomes anxious or fearful their breathing becomes shallow. Taking deep, slow breaths when they become overwhelmed by worries or fear is the quickest way to return to a state of calm. The easiest breathing exercise to practise with your child is the 4-4 method: count to four on the in-breath, and 4 on the out-breath. Other exercises can be blowing bubbles slowly, blowing up a balloon, or using an app like Smiling Mind or Calm.



Keep Routine

Routine behaviours such as waking at the same time, having breakfast and getting dressed gets us ready for the day ahead. They underpin productivity, learning and wellbeing. Remove or drastically change these routines and many children (and adults) struggle, particularly those who are prone to anxiety and depression. While it has been difficult at times to maintain our "normal" routine, it is important to establish some sort of routine that works for your child and family at the moment. Routines can be adapted, and this also helps children build resilience (their ability to cope with change). One important routine is our sleep routine. The benefits of good sleep routines are enormous and impact children's learning, memory and emotional stability. Sleep restores the brain to optimum condition and rejuvenates the body, allowing hormone levels to stabilise. Sleep-deprived children experience greater anxiety doing routine tasks and have a propensity for pessimistic thinking, which is associated with anxiety and depression. It is not just how long we sleep for, but the quality of our sleep that determines if we are functioning well.

Enjoy Play and Time Outdoors

Play is absolutely critical to our happiness and wellbeing. Play helps kids manage emotions such as worries and sadness as it lifts their mood and is therapeutic by nature. Play can be any activity that children find fun and don't want to stop. Drawing, Lego, craft, jumping on the trampoline, dolls, sport – the list is endless. If some play time can be spent outdoors then our happiness and sense of wellbeing is greatly impacted. Spending time outdoors reduces stress and tension.

CHILD SAFE STANDARDS

The Child Safe Standards

The seven Child Safe Standards are compulsory minimum standards for all organisations that provide services to children, including Victorian schools.

The aim of the Standards is to ensure organisations are well prepared to protect children from abuse and neglect.

Camp Hill PS takes this responsibility very seriously and we have a number of policies & strategies in place to ensure we comply with the Child Safe Standards. Over the coming weeks you will see an outline of each standard & the practices we have in place at school.

The Child Safe Standards at a glance

Standard 1: *Strategies to embed an organisational culture of child safety, including through effective leadership arrangements.*

What does this mean?

Camp Hill PS is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives.

We review our processes and protocols annually or as the need arises. Camp Hill PS' Child Safety Officer is the Principal, Chris Barker and in his absence the Assistant Principal, Trish Johnstone. Anyone with any concerns about the safety and wellbeing of any child at Camp Hill PS is encouraged to contact the school.

Camp Hill PS will always take into account the diversity of all children, including (but not limited to) the needs of Aboriginal and Torres Strait Islander children, children from culturally and linguistically diverse backgrounds, children with disabilities, and children who are vulnerable; and make reasonable efforts to accommodate such diversity.

Every person involved in Camp Hill PS has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Useful websites/contacts

Kids Matter -

www.kidsmatter.edu.au

Youth Beyond Blue -

www.youthbeyondblue.com.au

Headspace - www.headspace.org.au

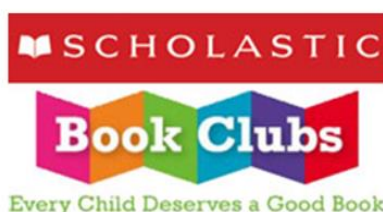
or e-headspace

www.eheadspace.org.au/ for online counselling & support

Reach Out - www.reachout.com

Kids helpline - 1800 55 1800 24 hours a day, 7 days a week or [web counselling](http://webcounselling)

LIBRARY



**BOOK
ORDER
DUE:**

21 / 2 / 22

FROM THE OFFICE

School Fees

A huge thank you to all the parent/carers who have already gone onto QKR and paid. A reminder that all Voluntary Curriculum Consumables (school fees) are listed per year level on our QKR app for your convenience, or the last additional option is also available to enter an amount you are wishing to pay (families were sent a letter home last week if a credit remaining from 2021). See below for the QKR app section.

Please contact the office if you would like any further information.

Building Fund

The Building Fund is available on our QKR app if you would like to make a contribution. Donations made are tax deductible and greatly accepted.

CSEF (Camps, Sports & Excursion Fund)

If you hold a NEW current Centrelink Concession card, please let the office know asap as you are eligible to claim a \$125 payment per child. This payment comes directly to the school and cannot be used for school fees only camps, sports and excursions. If you have claimed last year – we will automatically claim again this year on your behalf.

Student Enrolment & Permission Forms

These forms were sent home this week with students who did not attend either day of Book Collection. Please complete these forms and return to the office by tomorrow.

Thank you

Sue Heider

Business Manager

FOUNDATION	Foundation 2022 Fees
GRADE 1	Grade 1 2022 Fees
GRADE 2	Grade 2 2022 Fees
GRADE 3	Grade 3 2022 Fees
GRADE 4	Grade 4 2022 Fees
GRADE 5	Grade 5 2022 Fees
GRADE 6	Grade 6 2022 Fees
School Fees - Additional Option	

PHOTO DAY

WHOLE SCHOOL PHOTO DAY – WEDNESDAY 16th MARCH

ONLINE BOOKING



Your school has decided school photos will only be available to order online this year.

Choose your own **FREE** background



The benefits of being online...

- No need for envelopes to be returned to the school office
- No cash on school grounds or children's bags
- Easy order tracking and record keeping
- 18 different backgrounds to choose from - no additional cost

Camp Hill Primary School - 2022

www.leadingimage.com.au

Access Key

CNDHMG3G



INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY

To order your school photos:

- 1 Go to www.leadingimage.com.au
- 2 Click on Order Your School Photos
- 3 Select your State
- 4 Enter your special unique Access Key



Family photographs must be ordered before 4.30 pm the night before photo day.
Please ensure your orders are placed before this time.



FUNDRAISING

Bulb Fundraiser

Tesselaar Fundraising with Bulbs



It's that time of year to start ordering BULBS ☺
Camp Hill PS has a fantastic opportunity for families and the whole community to place orders online and the school will receive 40% commission of ALL bulbs sold. What a great fundraiser - so tell one, TELL ALL. Postage is \$6.50 - straight to your home (NOT SCHOOL) as soon as you place your order! Orders are available til Friday 25th March, 2022.

Online orders to: www.bulbfundraiser.com.au/CAMPHILLPS

BREAKFAST CLUB



LEAP

"The important thing is not to stop questioning" Albert Einstein

Here are our LEAP members for this year. It is great to see all the inquisitive minds come together and begin brainstorming ideas for the program. Everyone is very motivated and enthusiastic to begin their projects for the year.

About LEAP

Learning Extension Additional Program: LEAP was created in 2021 to inspire Camp Hill Primary School student's by providing opportunities for student agency and a platform to express these ideas. LEAP is made up of a small group of students who meet weekly to learn about the aspects of media and work on mini projects of interest. This program gives students at our school a voice and a platform to share and contribute their ideas and see them come to life. Stay tuned for up and coming competitions and opportunities to be part of the show. We even have a picture storybook on the horizon.

Kristy Dixon

High Ability Practice Leader

FOUNDATION LEARNING TEAM

Drink Bottles

Please remember to pack drink bottles for students with names on them as the weather is continuing to be very warm.

Phonics

This week we are investigating the letter **Aa** and the sound it makes. Please encourage your child to share 'Aa' words at home and discuss how they know this word includes an 'a'. Each Friday students are given the opportunity to participate in a phonics based Show and Tell. This week students are encouraged to bring in a toy starting with the letter Aa.

Routines

Students are coming into the classroom each morning more confident than the last and doing a great job remembering our morning routines. Each morning students put their lunch boxes in the tub, drink bottles in the trolley and bags away, ready for learning. Here are some pictures of students doing this as they enter the room.

Foundation Learning Team

1/2 LEARNING TEAM

Writing

This week we had our Teddy Bear Day! Students did a wonderful job with all their activities. Students are now using this experience to help them with their recount writing.

Friday Fun Write

This week our Friday Fun Write prompt is 'What makes me feel happy'. Students are being encouraged to write stories and include things that make them happy.

Please remember to talk it up at home with them to help them develop their ideas.

Maths

In Maths at the moment, we are having fun creating all different kinds of patterns. We have created colour patterns, number patterns and shape patterns! Students walked around the school to do a 'pattern hunt' and found patterns everywhere!

Permission Slips

Jets Gym is coming up, please make sure you have signed the permission form on Sentral asap.

1/2 Learning Team

3/4 LEARNING TEAM

SEDA/AFL Clinic

The 3/4 Department are lucky enough to be involved in a SEDA/AFL Clinic at Tom Flood on March 3rd at 11.30am. We are after some parent helpers to come along! Parents must have a WWCC (supplied to the office) and be triple vaccinated. Please let your classroom teacher know if you can help.

Stationery

If you have any stationery left to come to school, please bring it this week

RAT

New rapid test kits came home this week. We encourage you to use these twice a week.

3/4 Learning Team

5/6 LEARNING TEAM

School Captains

It was amazing to listen to all the candidates make their speeches today. They have obviously put great effort into their speech. We congratulate all of them for volunteering for these roles. Captains will be announced tomorrow at school.

Jets Gymnastics

Jets is coming up soon. Permission slips are on Sentral and payments (if needed) are on QKR. Please complete asap. If you would like to be a parent helper for your child's gym session please contact their teacher.

Lost Property

We have many items of clothing and also hats that have been lost recently. Please ensure all items are clearly named so they can be returned when misplaced.

5/6 Learning Team

LOTE

Prep

Students practiced saying 'hello' and introducing themselves in different games. They learnt instructions such as 'be quiet', 'stand up', 'sit down', and 'make a circle' and engage in playing 'Simon says' and 'copy me' games.

Grade One and Two

To celebrate the Year of the Tiger and Lantern Festival, students used paper rolls to make their own special tiger lantern/tiger pencil holders. They loved making their own special tigers and finished their art pieces independently.

Grade Three and Four

Students learnt the origin of the Lantern Festival and how Chinese people celebrate it. They then made their own unique tiger lanterns. Some students made water tigers to welcome the Year of the Water Tiger. Some students made snow tigers and rainbow tigers. Their creative ideas always surprise and inspire.

Grade Five and Six

Students learnt some Chinese New Year traditions and found out why the Chinese people celebrate the new year in that way. They enjoyed rapping the Chinese New Year traditions in Chinese.

Yimin Chen

LOTE

PHYSICAL EDUCATION

Jets Gymnastics

Please see the timetable below for your child's dates and session times.

District Tennis

Well done to Hayley B who represented Camp Hill on a very warm day yesterday at the District Tennis tournament Great job Hayley!

Glenn Shannon

Sports Coordinator

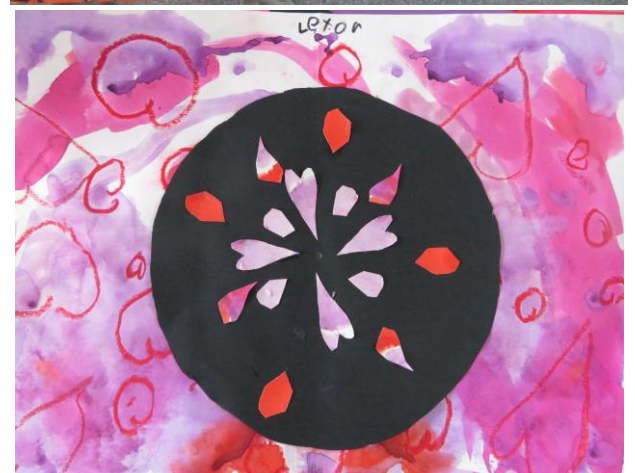
Dates	Times	Year Level
Mon 7, 21, 28 March	12:30 – 1:30	6A
Mon April 4 th (to replace Labour Day)	12:30 – 1:30	6B
Tues 8, 15, 22, 29 March	9:30 – 10:30	1-2 C
	9:30 – 10:30	
	10:30 – 11:30	1-2 A
	10:30 – 11:30	1-2 B
	11:30 – 12:30	5A
	11:30 – 12:30	5B
Thurs 10, 17, 24, 31 March	9:30 – 10:30	3-4A
	9:30 – 10:30	3-4B
	10:30 – 11:30	3-4C
	10:30 – 11:30	3-4D

HEALTHY EATING



ART

We have been feeling the LOVE in the Art room this week in the Junior department classes. Look at these wonderful love heart collages which involved decorating painted papers, cutting skills and creating symmetrical love heart designs. It wasn't easy but they did a great job!





Sandy McLennan
Art Coordinator



STUDENTS OF THE WEEK

CONFIDENCE

Grace T: For showing amazing confidence during her transition to Camp Hill and always being willing to help others. We are so happy to have you at our school Grace

CARING

Lexi O: For showing initiative and a caring attitude towards new students at our school, particularly the preps. Well done Lexi

RESPECT

Will E: For being a wonderful Grade 2 leader, always following classroom expectations and working hard during learning time.

Jacob R: For being a role model in the classroom by consistently showing whole body listening and demonstrating the school values.

TRUST

Lucas P: For being an exemplary student and class member by independently following classroom expectations without reminders.

PERFORMING ARTS

What's new this week?

Foundation students are settling into the routine of the classroom. The students are developing their confidence to use their voice and join in using play based learning. Students can get into a circle and warm up their singing using vowel sounds. We have started singing the simple finger play songs *Where is Thumbkin* and *Peter Pointer*. We have also explored some calming and dramatic play in *Johnny works with one hammer*. The Students are learning safe dance/ play during *Ten Green Bottles*.

Grade 1-2 Students had their first opportunity to use the marimbas and xylophones this week to play 'Come on Everyone'.

Grade 3-4 Students are learning the ukulele. They sang 'Row Row, Row your boat' using the C chord and sang in a two part round. They composed a fun class song.

Grade 5-6 Students are exploring the songs around our nationhood. This week we are learning to understand the difference between Acknowledgement of Country and Welcome to Country. The students started to learn 'Welcome to All People', a song by Aboriginal woman (who has passed). Her name is Ruby Hunter.

Short Circus - This week the Grade 5-6 students will have an opportunity to use the stilts.

The Short Circus are tentatively booked into the Bendigo Easter Fair Gala Parade. All Short Circus students are welcome to join us.

Music Tuition – Private instrumental lessons

Piano: Students in Grade 1-6.

Expression of interest for Piano lessons: All new and previous students who wish to participate in Piano lessons this year must ring Kathleen Gee 5432 2266. **Lessons will be commencing next Tuesday, 22nd February.**

Guitar: Recommended for students in Grade 3-6.

All new students who wish to participate in Guitar lessons this year must contact Clancy McLeod: clancymcleod11@gmail.com

Flute: Recommended for students in Grade 3-6.

All new students who wish to participate in Flute lessons this year must contact Alyse Faith: alysefaithflute@gmail.com

Short Circus is now in its 34th year! We are so fortunate to still offer Short Circus as an extra-curricular program at Camp Hill. Short Circus workshops began last Friday for Grade 5-6 and Grade 3-4 on a class by class basis until the restrictions are eased.

LUNCH ORDER

SUSHI LUNCH ORDER FOR FRIDAY 25/2/22

ORDER VIA OUR QKR APP!!!!

Please return money and orders by 9.00am Thursday 24/2/2022.

No late orders accepted.

Sushi \$3.50 – Crispy chicken, Teriyaki chicken, Vegetarian, Cooked Tuna

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna

Name..... Grade..... Vegetarian..... Crispy chicken..... Teriyaki chicken..... Cooked Tuna

Total enclosed \$..... **Signed**.....

FOR YOUR INFORMATION

Golden City Soccer Club

Looking for new players. All girls team. Competition starts Easter School Break and runs for 16 weeks.
Games played on Saturdays.

<https://registration.playfootball.com.au/common/pages/reg/WelcomeRegPlus.aspx?entityid=7336>

Email goldencitysc@gmail.com, see our Facebook page or visit www.goldencityfc.com

Q.H.J.F.C

Registration Afternoon Friday 4th March 4-5:30pm Kim Wust Oval, Quarry Hill. To Register Complete Online
Registration <https://Www.Playhq.Com/Afl/Register/618b30> Any Question Contact Justine Minne 0438 859 775.

G.C.N.A.

Primary Competition. Commencing Saturday 2nd April. Open to players & Teams of all skill levels.
<http://bitly.ws/ou2z> All enquiries to Secretary 0438 636 464 gcna@smartchat.net.au

Bendigo Gem Club Expo

19th & 20th February. 10am – 5pm Saturday & 10am – 4pm Sunday. Bendigo Baptist Church NOVO Centre. 757
McIvor Hwy, Junortoun. Enquiries: bendigogemclininc@gmail.com